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VOL. 29, NO. 9

SANIBEL & CAPTIVA ISLANDS, FLORIDA

AUGUST 27, 2021

AUGUST/SEPTEMBER SUNRISE/SUNSET: 27 7:06 • 7:54 28 7:06 • 7:53 29 7:07 • 7:52 30 7:07 • 7:51 31 7:08 • 7:50 1 7:08 • 7:49 2 7:09 • 7:48

## Plans Take Shape For 'Ding' Darling Day At Lakes Park

To further its mission to reach and connect with underserved urban communities, the JN "Ding" Darling National Wildlife Refuge migrates its 33rd annual "Ding" Darling Day celebration to Lakes Park in Fort Myers on Sunday, October 10. The refuge, in partnership with the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), Tarpon Bay Explorers recreation concession, conservation partners and community sponsors, is drawing up a schedule of tours and ongoing activities from 10 a.m. to 2 p.m. that day.

The free celebration will center at Lakes Park's main pavilion, where the refuge WoW (Wildlife on Wheels) mobile interactive experience will be open to touring, and partner exhibitors will host Conservation Carnival games and informational booths. Visitors can earn tickets by playing games to exchange for a free Southern SnoBalls treat (while supplies last), courtesy of DDWS, and



Team members from Doc Ford's, Great Egret sponsor, with "Ding" Darling staff

photo provided

other prizes.

Among the carnival games, "Ding" Darling will host a dunk tank featuring a variety of "celebrity dunkees," including Refuge Manager Kevin Godsea, Supervisory Refuge Ranger Toni Westland

and Tice Elementary School Vice Principal Katie Riemenschneider.

Scheduled tours that visitors can sign up for that morning will include a bring-your-own-bike tour, guided birding walks in Spanish or English, a Mindfulness Walk

and Nature Journaling with refuge 2021 Artist in Residence Rachel Pierce.

"We are having so much fun reinventing 'Ding' Darling Day to make that connection actually out in the

continued on page 6

## Several Learning Platforms Offered By Shell Museum

Thanks to the generosity of donors who have supported the Adopt-A-Class program, the Bailey-Matthews National Shell Museum has been able to provide free field trips and outreach education to students throughout Southwest Florida for nearly 20 years.

The Adopt-A-Class program provides education for kindergarten through 12th grade students about the world of mollusks, their shells and marine life, and the conservation of their ecosystems.

Despite the evolving circumstances of the pandemic, the Adopt-A-Class program will return for the 2021-22 academic year. To offer the most flexibility during a period of continued adjustments in COVID-19 protocols, the museum will now offer schools four options to choose from: guided field trips to the museum, self-guided field trips, Mollusks on the Move mobile outreach, and Mollusks Online virtual classes.

Guided Field Trips – Students experience hands-on learning in the world of mollusks, the second largest phylum of animals on the planet. Students explore



Students exploring the aquarium

photo provided

the museum's aquariums of live mollusks and marine life, touch local mollusks in the touch pools, explore the Great Hall of Shells, and participate in a range of interactive educational activities taught by museum educators.

Self-Guided Field Trips – Self-guided field trips are ideal for those schools interested in visiting the museum, but

also in designing their own experience. The museum offers self-guided field trips through the aquarium and Great Hall of Shells. Self-guided visits allow for greater flexibility with scheduling and transportation.

Mollusks On The Move – For schools that can't make it to the museum for a field trip, marine biologists can bring the

mollusks to the classroom. Hands-on programs introduce students to many aspects of a mollusk's life including anatomy, growth, diet, reproduction and their role in the ecosystem.

Mollusks Online – Marine biologists bring the museum and wonders of shells and mollusks virtually to classrooms via Zoom and WebEx. Programs featuring the giant Pacific octopus and other animals introduce students to the diversity of molluscan life and their habitats, the basics of conservation and highlights of the museum's shell collection.

The museum will prioritize allocation of Adopt-A-Class funds to Title 1 schools to ensure that students in the region – many of whom have never visited the beach – have access to the unique stories, lessons, and experiences of shells, marine life and conservation education the museum offers, regardless of ability to pay.

To learn more about the museum's educational programs, contact Kelsey Hausmann at khausmann@shellmuseum.org or 347-5119.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. It is open daily from 10 a.m. to 5 p.m. For more information, visit [www.shellmuseum.org](http://www.shellmuseum.org) or call 395-2233.\*



Chamber representatives and other supporters at the Beachwalker Marketing & Communications ribbon-cutting photo provided

## Chamber Welcomes New Business Member

The Sanibel & Captiva Islands Chamber of Commerce held a ribbon-cutting ceremony for new member Beachwalker Marketing & Communications at Blue Giraffe 2 on August 17.

"I started out my business in March of 2020, weeks before the pandemic hit," said owner Maureen McGauran. "However, I have been fortunate to work with local businesses in spite of the trials of the pandemic."

McGauran specializes in marketing, particularly in the areas of social media,

covering businesses on both Sanibel and Captiva islands. She also serves as a board member of the Sanibel Captiva Business Women's Association.

"I joined the chamber because I want to be involved in supporting my community and what this area has to offer," she said.

"We welcome Maureen's valuable services to our membership and look forward to working with her to our mutual benefit," said John Lai, chamber president and chief executive officer.

With more than 460 active members from Lee and Collier counties, the chamber plays a key role in facilitating communication and cooperation between business, residents and government to enhance the economic health of the islands. The Francis P. Bailey, Jr. Chamber Visitor Center

welcomes tens of thousands of visitors each year. VISIT FLORIDA named the visitor center one of 13 official Florida Certified Tourism Information Centers in the state. It is open 365 days a year and provides information about things to do, places to visit, and where to stay, shop and dine. The chamber website receives more than 1.3 million website visits per year.

For more information about the chamber, visit [www.sanibel-captiva.org](http://www.sanibel-captiva.org) or contact Landen Drake, communications and marketing manager, at 472-8255 or [landen@sanibel-captiva.org](mailto:landen@sanibel-captiva.org).

Read us online at [www.IslandSunNews.com](http://www.IslandSunNews.com)

## American Legion Post 123

American Legion Post 123 is serving chicken pot pie from noon to 8 p.m. this Sunday, August 29. All are welcome.



There will be a live band performing on Sunday, September 5 from 3 to 6 p.m.

On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m. Locals and visitors are welcome to join in.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. Two tables are in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.

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## THE ISLAND'S ORIGINAL SHOPPING experience

Whether you're visiting, vacationing or an island resident, Bailey's is an island tradition.

Brussel sprouts, broccoli, asparagus and lush leafy greens are just the beginning. You'll find all your favorite green veggies in Bailey's amazing produce department. We work with local farmers and regional distributors to provide you with a healthy variety of natural and organic fruits, vegetables and herbs delivered daily, and at the best price. Because everyone can benefit from a little more green!



# building a better tomorrow, today with **FISH YOUTH PROGRAMS**

FISH invests in programs, community partnerships, and volunteer engagement to propel individuals and families to reach their fullest potential. We envision a vibrant community whereby all can thrive, especially in the areas of youth success.

**YOUTH SCHOLARSHIP PROGRAM** Financial assistance for educational field trips during the school year and for summer camp and programs when children are out of school.

**CHILDREN'S TUTORING SCHOLARSHIP** FISH offers financial assistance for families with children who can benefit from one-on-one or group tutoring. Parents and the child's teacher may identify a tutor that best fits the child's needs and FISH will work with the family to offset the cost partially or entirely.

**CHILDREN'S BACKPACK PROGRAM** Designed to battle childhood hunger by providing nutritious weekend food and extra snacks for children throughout the year, including summer and other breaks. Students receive non-perishable, nutritious foods on a weekly basis. The program is offered at no cost to participants. Additionally, FISH offers a fresh meal weekly which consists of a kid-friendly, simple recipe and all of the fresh ingredients for a family to prepare their homemade meal together.

**BACK TO SCHOOL ESSENTIAL CLOTHING & SUPPLIES** Undergarments, socks and school supplies for children ages Pre-K through 12th grade are offered to offset back to school shopping expenses.

**CHILDREN'S GIFT ASSISTANCE** Each year FISH provides extras for our island youth, to make our neighbors celebrations a little brighter. FISH is here to help our neighbors during the holidays with stocking stuffers for Christmas, adopt-a-family program, Holiday Toy Drive, bunny baskets for Easter, and pumpkins at Halloween.

**BIKE DISTRIBUTION** For a healthy form of exercise and child's enjoyment or needed transportation for older youth.

**SPECIALIZED SCHOOL SUPPLY ASSISTANCE** In addition to basic school supplies, FISH offers financial assistance for students who need specialized supplies for school or extra-curricular activities ranging from calculators to textbooks to musical instruments to sports uniforms. FISH works with each family on an individual basis to address their child's need.



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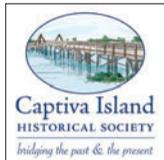
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South Seas Plantation photo courtesy Captiva Island Historical Society Archives

Captiva Island Historical Society  
**Landmark: South Seas Plantation**

This week's image depicts South Seas Plantation. This aerial photo shows South Seas Plantation, channel to marina, prior to Marina Villas and Cap'n Al's, circa 1970.



Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane, and open during library hours. Call 533-4890 for information.

Visit the website at [www.captiva-island-historical-society.org/archives/research](http://www.captiva-island-historical-society.org/archives/research) to view many more images to bring you closer to Captiva.\*

**Churches/Temples**

**BAT YAM-TEMPLE OF THE ISLANDS**  
 Shabbat Worship Services at 7 p.m. on the first Friday of the month for June, July and August. Services held in Fellowship Hall at Sanibel Congregational United Church of Christ. Masks and social distancing guidelines will be followed. Those who wish to Zoom the services can find the link in their email notice. Send any questions to [batyamsanibel@gmail.com](mailto:batyamsanibel@gmail.com). Rabbi: Stephen Fuchs, Cantor: Murray Simon, President: Alan Lessack 773-251-8862

**HISTORIC CAPTIVA CHAPEL BY THE SEA**  
 Rev. Larry Marshall. Outdoor services every Sunday at 11 a.m. Nov. 14, 2021 through April 24, 2022. Previous services posted on the chapel's website for viewing. [www.captivachapel.com](http://www.captivachapel.com), [www.facebook.com/Captiva-Chapel-By-The-Sea](https://www.facebook.com/Captiva-Chapel-By-The-Sea), 11580 Chapin Lane, Captiva, 472-1646.

**CHAVURAT SHALOM**  
 (Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact [ChavuratShalom@gmail.com](mailto:ChavuratShalom@gmail.com) to participate on Zoom.

**FIRST CHURCH OF CHRIST, SCIENTIST**  
 Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

**SANIBEL COMMUNITY CHURCH**  
 Sunday services at 9 a.m. in the Sanctuary and 11 a.m. in the Historic Chapel. View the Sunday services via livestream at 9 a.m. or

later online at [www.sanibelchurch.com](http://www.sanibelchurch.com), Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684

**SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST**  
 The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. 10 a.m. Traditional Worship Service, [www.sanibelucc.org](http://www.sanibelucc.org), 2050 Periwinkle Way, 472-0497.

**ST. ISABEL CATHOLIC CHURCH**  
 Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 9:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559 Sanibel-Captiva Road, 472-2763.

**ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH**  
 The Rev. Bill Van Oss, Rector. Summer service schedule, Saturday 5pm and Sunday 9:30 a.m. Masks will be optional for the fully vaccinated attending services. Masks are highly recommended for those who are unvaccinated. There will be some seating in the back of church spaced apart for those who wish to maintain physical distancing. The 9:30 a.m. Sunday service will also be live streamed. [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org), 2304 Periwinkle Way, 472-2173.

**UNITARIAN UNIVERSALISTS OF THE ISLANDS**  
 Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. [ryi39@aol.com](mailto:ryi39@aol.com), 2050 Periwinkle Way, 433-4901.

Email changes to [press@islandssunnews.com](mailto:press@islandssunnews.com) or call 395-1213.\*



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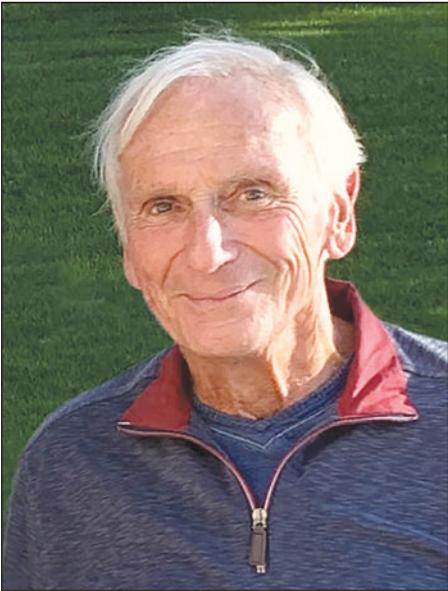
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## OBITUARY



WILLIAM CHARLES GLENN

William (Bill) Charles Glenn, 82, of Aurora, Illinois, Ephraim, Wisconsin and Sanibel, Florida passed away on the evening of Friday, August 20, 2021.

Bill was born in Aurora on February 14, 1939, an appropriate day for such a loving man. Everyone who knew him loved him, and freely shared that sentiment with him and his family. A man of wisdom and generosity, Bill had a twinkle in his eye, a smile on his face

and a gifted sense of humor. He was the only child of William Daniel and Opal Wave (Tatham) Glenn. He graduated from East Aurora High School (Class of 1957) where he was an All-State athlete in football, basketball and track. After graduation, Bill attended Dartmouth College and Tuck School of Business where he received his bachelor of arts and master of business administration degrees. At Dartmouth, Bill was a member of the SAE fraternity, the football team and the rugby club. Many of the friendships he found there lasted his entire life.

Following graduation, Bill proudly returned to his hometown to work for the family business, Olsson Roofing Company. Bill went on to purchase Olsson from his parents, successfully growing it with his wife and his management team for over 40 years. Under Bill's leadership until 2004, Olsson became one of the largest commercial roofing and sheet metal companies in the greater Chicagoland area since its inception in 1914.

Bill and Marjorie (Mardi) Willett were married on July 27, 1968 at St. David's Episcopal Church in Aurora. There, they were partners in life, supporting each other through work, family, faith and community. Mardi was the love of his life, and he excelled at making her smile. They raised their three children (and many dogs, cats and hamsters) before moving full time to Ephraim and Sanibel. Bill (or Poppe as his grandchildren called him) loved his family – both visiting and

traveling with them to many wonderful locales. Some of their favorite trips together were to Italy, Greece, the Caribbean, Costa Rica and Kauai'i.

In his spare time, Bill was a skilled gardener – enjoying the process of planning and cultivating various different gardens at his home. He loved playing golf, boating and swimming. He was an avid reader, an American history buff and a connoisseur of Robert Frost poetry. Bill took great pride in his country and served in the U.S. Army National Guard. He was an active civic volunteer and sat on many boards of various professional and nonprofit organizations. Bill was also known for his epic parties, dance moves and 4th of July firework displays in Ephraim.

Bill is survived by Mardi, his loving wife of 53 years; children, Susan Glenn (Roberto Rivera Martinez), Bill (Kristen) Glenn, and Sara Glenn (Brian Reinhardt); grandchildren, Logan and Duncan Smith, Will and Katie Glenn, and Griffin and Quinn Reinhardt; sister-and-brother-in-law, Nancy and Frosty Smith; three nieces and their families; and several cousins. Also, a loving grand dog, Izzy, who would often be at his side – especially at dinnertime. He was preceded in death by his parents, William and Opal Glenn.

The family is extremely grateful to the Door County EMS and the Door County Sheriff's Department for their professional and caring assistance.

In honor of his wishes, Bill will be laid to rest at the Church of the

Atonement Memorial Gardens in Fish Creek, Wisconsin. In lieu of flowers, donations can be made in Bill's name to the Alzheimer's Association National Office, 225 North Michigan Ave. FL 17, Chicago, IL 60601.

Casperson Funeral Home & Cremation Services of Sister Bay is assisting the Glenn family. Expressions of sympathy, memories and photos of Bill may be shared with his family through his tribute page at [www.caspersonfuneralhome.com](http://www.caspersonfuneralhome.com).✳

From page 1

## 'Ding' Darling Day

community as part of the refuge system's Urban Wildlife Refuge Initiative," said Westland, who chairs the event's committee.

DDWS is still seeking sponsors for the event, which will be highly publicized throughout the Southwest Florida area. Contact April Boehnen at [april@dingdarlingsociety.org](mailto:april@dingdarlingsociety.org) or 472-1100 ext. 4 for more information.

Sponsors to date include: Great Egret: Doc Ford's Rum Bar & Grille; Great Blue Heron: John R. Wood Properties, *Island Sun/The River Weekly News*; Reddish Egret: Bank of the Islands, Mitchell's SandCastles; Snowy Egret: Florida SouthWestern State College Foundation, *Florida Weekly*, Jensen's Twin Palm Cottages & Marina Resort, McCallion & McCallion Realty, Media Source, Sanibel Moorings Resort, Southern SnoBalls.✳



## Bat Yam Temple of the Islands

A Reform Congregation serving Sanibel, Captiva,  
Fort Myers and surrounding communities.

### 2021 - HIGH HOLY DAYS WORSHIP - 5782

Rabbi Stephen Fuchs - Cantor Murray Simon

Abigail Allison, piano accompanist • Susannah Kelly, cellist

#### High Holy Day schedule

**Saturday, August 28** - 7:00 PM, Selichot discussion - Outside, SCUCC

**Monday, September 6** - 7:00 PM - Erev Rosh Hashanah worship

**Tuesday, September 7** - 10:00 AM - Rosh Hashanah morning service  
12:45 PM - Tashlich Service at the beach at 1605 Middle Gulf Drive.

**Wednesday, September 15** - 7:00 PM - Kol Nidre

**Thursday, September 16** - 10:AM - Yom Kippur morning service

12:00 noon - Congregants' Hour

3:00 PM - Afternoon discussion of Jonah

3:45 PM - Musical Interlude

4:30 PM - Yizkor service

5:00 PM - Neilah service

Services will be held in Fellowship Hall of the Sanibel Congregational United Church of Christ. They also can be joined virtually via Zoom.

We welcome all to join us. Please email [batyamsanibel@gmail.com](mailto:batyamsanibel@gmail.com) for information.

To make a donation please visit [www.batyam.org](http://www.batyam.org).

**Sanibel Congregational United Church of Christ**  
2050 Periwinkle Way, Sanibel

For more information, visit [batyam.org](http://batyam.org)

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# BONUS AUGUST SAVINGS AT TWO GREAT SHOPPING DESTINATIONS

**PERIWINKLE PLACE: Sanibel's #1 Shopping Destination** - *Lee County Visitor & Convention Bureau*  
**SANIBEL OUTLETS: The Best Place to Shop & Dine in Southwest Florida** - *Florida Weekly*

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### Coupon Valid at These Participating Retailers

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| <b>BluWave Lobster House</b><br>(per check, excludes alcohol)      | <b>Loft</b> (40010011259 excluding early access.<br>Combinable with in-store offers but not with other coupons) |
| <b>Butterfly Beach</b>   | <b>Maidenform</b> (192503861353)  |
| <b>Crocs</b> (791000002560)  | <b>SAS Shoes</b>  |
| <b>Dante's Coal Fired Kitchen</b><br>(per check, excludes alcohol) | <b>Swim Mart</b>  |
| <b>Guess</b> (SANIBELSUM21)  | <b>Tommy Hilfiger</b> (500025649000)  |
| <b>Hanesbrand</b> (192503861353)                                   | <b>Under Armour</b> (MTGO1843)  |
| <b>Jockey</b> (000009118676)                                       |   |

This coupon is valid for one time use on a single item in any one of Sanibel Outlets participating stores. Limit one coupon per customer, per store, per day. Cannot be combined with other offers and may not be valid on clearance merchandise. Not valid for purchase of gift cards or on previous purchases. Original coupon must be presented at the time of purchase. Some exclusions may apply, see stores for details. Offer valid 8/1/21 to 8/31/21.

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2075 Periwinkle Way  
 2 miles off Causeway Road on left  
 Shop: Mon-Sat 10-6, Sun 12-5  
 Naples Soap Mon-Sat 10-7, Sun 12-5  
 Dine: 8am to 8pm (or later)  
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## Controlled Access To City Buildings In Place

by Wendy McMullen

Although all city services are currently open, the City of Sanibel is once again limiting access to city buildings following the current surge in COVID-19 cases on the island.

The move was taken after an impassioned plea by councilmember Dr. Scott Crater to increase measures to control the pandemic among Sanibel residents and city employees.

Dr. Crater lamented the Lee County School Board's decision not to mandate masks for students. He said that there were now 56 cases on Sanibel, some in The Sanibel School, and urged the city to take more measures to combat the surge.

"More than 1,000 kids are out because of COVID," Dr. Crater said. "Kids do not necessarily have to be quarantined if they are masked. They will not have to be sent home to quarantine."

Councilmembers, however, were hesitant to take action in the face of the state ban on mask mandates and vaccination requirements.

"I don't know what else we could do that we're not doing now," said Mayor Holly Smith, asserting that the island is proudly non-partisan.

Three members of city staff had COVID-19 infections at the time of the meeting, and it was estimated that the percentage of city staff who were vaccinated was about the same as the county at large, at about 58 percent. City Manager Judie Zimomra indicated that requiring vaccination for city staff may be discussed in a closed union negotiation session during the meeting.

The city already requires everyone in city offices to wear masks and mandates social distancing in council chambers, and most city councilmembers felt they had done as much as they legally could.

After much discussion, the council finally decided to take the only measure

that they felt was left and that was to control the public access to city buildings. They emphasized that access to services would not be cut, but that phone numbers would be posted at all departments and open-air walk-up windows would be provided where feasible.

Smith reported that the free COVID-19 testing site at the CenturyLink stadium was to be re-opened and city councilmembers recommended looking at measures to get free testing done on the island.\*

## Elevation Of New Manufactured Homes Required

by Wendy McMullen

Homeowners in Periwinkle Park, Sanibel's only manufactured home community, may be required to elevate their homes if they are substantially damaged and have to be rebuilt.

This is according to an ordinance approved by city council on Tuesday. The ordinance requires new or rebuilt manufactured homes to be elevated so that the lowest floor is above the base flood elevation plus one foot. This is necessary, according to the ordinance, in order to qualify or maintain Sanibel's prized community system rating (CRS) which lowers flood insurance costs for all homeowners on the island. The CRS is part of the National Flood Insurance Program that helps establish accurate insurance ratings.

Part of the problem is that Periwinkle Park, despite being in the center of the island on higher land, is still in the AE Zone, the same flood zone as the rest of the island. As a result, according to the new ordinance, a manufactured home in the park has to conform to the same rules as a house directly on the beach.

This, according to attorney and former city councilmember Jason Maughan, would make an owner in Periwinkle Park a sacrificial lamb for

wealthier Sanibel owners.

"Don't punish the people least able to pay," he exhorted councilmembers. "We're asking the poorest on the island to subsidize the people living on a McMansion staring at the ocean."

Maughan requested that the city consider another option that would create less hardship for owners of manufactured homes in Periwinkle Park should their properties have to be rebuilt. This option, he said, was allowed by the NFIP and would not affect the city's CRS standing.

City councilmembers, however, under a deadline and fearful that the city could lose its prized CRS of 8, passed the resolution as written, promising to consider Periwinkle Park's amendment at a later date. Councilmember John Henshaw dissented from the majority opinion.

The manufactured homes in Periwinkle Park are individually owned on land leased by the park. There is also an area for recreational vehicles, campground sites and a small bird sanctuary and mini zoo with small animals.\*

## Trash Collection Resolution Passes City Council

by Wendy McMullen

A resolution approving \$1.4 million for trash collection and disposal was approved by city council on Tuesday.

The total cost of trash collection is divided equally between each assessed property on the island and included in the property tax bill from the Lee County Tax Collector each year. The cost per home with curbside property pickup is \$328 annually. The cost for dwelling units and businesses with backdoor waste collection is \$431 a year.

Sanibel has three separate waste pickups for single family homes: general solid waste, recyclables and horticultural waste. General solid waste is usually

picked up on the same day and vegetation waste the following day.

The cost of trash collection is only assessed against developed properties after the certificate of occupancy is issued.\*

## LCEC Receives Funds To Cover Hurricane Losses

Lee County Electric Cooperative (LCEC) has accepted \$27,075,628 by FEMA to help defray the costs incurred as a result of Hurricane Irma in 2017. Hurricane Irma ravaged many parts of the LCEC six-county service territory and resulted in power outages for approximately 70 percent of LCEC customers.

Extensive damage to the LCEC service territory included the replacement of: 879 meters; 1,107 concrete and wood poles; 376 streetlights; and 659 transformers.

As a not-for-profit electric cooperative, LCEC is eligible to receive reimbursement for specific restoration expenses when documented and submitted for consideration.

"LCEC appreciates the financial relief these funds will provide to our rate-payers, as the reimbursement prevents us from having to pass those costs on to our roughly 230,000 cooperative customers. This puts us in a better position to continue the work necessary to harden our utility infrastructure against future storms," said Chief Financial Officer Sarah Bullock.\*

## Hurricane Guide Available Online

The Lee County Electric Cooperative (LCEC) hurricane guide includes information on preparing your home and business, life support, evacuation, supply kits, generator safety, debris and vegetation, and important phone numbers and links.

To download, visit [www.lcec.net](http://www.lcec.net).\*

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Nicole Finnicum and Shannon Stainken

photo provided

## Farewell, My Island Friends

submitted by Nicole Finnicum

Dear Ocean Tribe, Sanibel Sea School is a truly magical place. We get to share the wonders of the ocean with kids and inspire them to care about our blue planet. The experience is transformative for most – we push kids out of their comfort zones, give them the courage to try new things, and help them foster a deep connection to the ocean.

I've been lucky enough to spend the last eight years co-creating these experiences, helping to change lives and inspire young individuals and for me, that has been personally transformative. Back in 2013, I began my Sea School journey as a marine science educator, not knowing how much this sandy bucket school would impact my life. I have shared so many laughs with campers, learned so much about the ocean, gained new skills as a young professional, and was certainly

pushed out of my comfort zone.

In the spirit of growth and transformation, I am writing to share the bittersweet news that I will be ending my journey at Sanibel Sea School. I have recently accepted a position in experiential learning with my alma mater, Ohio University, and my husband Michael and I will be moving back to my home state of Ohio.

Sanibel Sea School will be left in good hands. I am so excited and proud to share that Shannon Stainken will assume the role of youth education director for Sanibel-Captiva Conservation Foundation (SCCF), leading Sanibel Sea School into a strong future. Shannon is an outstanding leader and truly embodies the spirit of Sea School. I am confident that she will continue to share the magic of the ocean with so many kiddos.

From the bottom of my heart, thank you for allowing me to share these experiences with your kids and trusting me to help build this school. I can't wait to see what's next for the awesome team at Sea School – I know they will do great things.

– So much ocean love, Nicole✨



## Seasonal Rental Wanted

Island nonprofit executive looking for a seasonal rental from November through April. I am a 20+ year resident of Sanibel with excellent references. Furnished or unfurnished. I do have a very well-behaved dog and willing to pay extra. Have you chosen to stay up north but don't want to sell your island home? I will take good care of your home and can even do small home repairs if needed.

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Plant Smart

Titi

by Gerri Reaves

Native titi (pronounced “tie-tie”) (*Cyrilla racemiflora*) is found in South Florida, but is much more common in the central and northern parts of the state.

This shrub or small tree grows to a height of 10 to 30 feet. With an open-branched spreading form and twisting spiraling branches, the plant’s width can almost equal the height.

Its natural habitat is swampy areas, stream banks, bogs and other wetlands, where it often forms thickets via horizontal roots.

The alternative oblong leaves typically measure three to four inches long and have a leathery texture, thus another common name, leatherwood. Other names are ironwood and swamp cyrilla.

In southern Florida, this shrub is evergreen or semi-deciduous.

Plentiful white or cream-colored flowers appear in late spring or early summer on spikes as long as six inches.

Fragrant, five-petaled and about one-fourth of an inch across, the flowers produce plentiful nectar that bees make into honey considered particularly good.

The hanging cylindrical spikes appear below the new spring leaves that emerge at the branch tips.

The showy flowers and glossy leaves together produce a lovely ornamental effect.



Titi's whorled flower spikes provide plentiful nectar for bees

photo by Gerri Reaves

The remains of the clusters can persist on the tree all year.

The fruit is a one-half inch round capsule that birds and other wildlife consume.

Plant titi in full sun to partial shade. It tolerates a variety of conditions and is drought tolerant and highly salt tolerant.

It works well in a boggy area or as a privacy screen.

Propagate it with seeds or cuttings. Sources: Florida Wild Flowers and

Roadside Plants by C. Ritchie Bell and Bryan J. Taylor, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, [www.floridata.com](http://www.floridata.com), and [www.fnps.org](http://www.fnps.org).

Plant Smart explores the diverse flora of South Florida.\*

Community House Events

Shell Crafters are on site every Monday from 9 a.m. to 1 p.m. A shell crafting class is offered at 10 a.m.; cost for supplies is \$3 to \$5.

Aerobics with Mahnaz Bassiri is offered on Monday, Wednesday and Friday at 9 and 10:30 a.m. Bring your weights (optional). Cost is \$5 per class.

Every Thursday at 1 p.m., Tommy Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally, nationally and globally. Suggested donation is \$5.

Chair Stretching/Yoga with Mahnaz Bassiri is offered on Thursdays from 1 to 2 p.m. Cost is \$5 per class.

The Sanibel Hearts Club meets every Friday at 1 p.m. Beginners and experts welcome. Suggested donation is \$5.

There are fresh batches of mango chutneys, salsas, barbeque sauces, hot jellies and jams available for purchase.

Sanibel-Captiva Art League member Annie Wainwright is the featured artist of the month.

Shell Critter Kits to Go are available for purchase or to ship. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. Visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.\*

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From left, Mahnaz Bassiri, Rachel Tritaik, Roger Timm and Marjorie Pacheco photo provided

## Therapy Center Creates Donation Days For FISH

Island Therapy Center, founded in 2009 by Rachel Tritaik, PT, CLT, LMT, is offering 10K Days during the months of September and October as part of its 10K Race 4 FISH sponsorship. Ten percent of personal training, medical fitness and pilates sessions with trainer Mahnaz Bassiri scheduled for the months of September and October will be donated to FISH of SanCap to assist with

services and programming.

"We are always happy to help FISH," said Tritaik. "The FISH organization assists so many in our community and we want contribute to their success in any way we can. We encourage all runners, walkers and anyone that wants to live a healthy, fit lifestyle to come visit us during our 10K Days."

"Island Therapy Center has always been a huge supporter of our community and of the FISH organization," said Diane Cortese, race committee chair. "We are thrilled to have their support as a sponsor and as a host of 10K Days."

The 10K race, an annual fundraiser for

FISH, is set for Saturday, October 23 at The Community House as an in-person race. A virtual option is also offered where runners can participate any time from their date of registration through October 23. To register, visit [www.ftmyerstrackclub.com](http://www.ftmyerstrackclub.com).

For more information on the race or if you are interested in becoming a sponsor, contact Nicole McHale at [noel2me@icloud.com](mailto:noel2me@icloud.com) or Diane Cortese at [dianerc10@gmail.com](mailto:dianerc10@gmail.com).✱

## FWC Seeks Input On Terrapin Rules

The Florida Fish and Wildlife Conservation Commission (FWC) is seeking input on proposed changes to diamondback terrapin rules. If approved, the proposed revisions will affect take, possession, transport and sale of diamondback terrapins in Florida.

At the agency's December 2020 meeting, commissioners approved staff recommendations to amend existing rules to strengthen protections for diamondback terrapins in Florida. Because close coordination with stakeholders and the public is important for helping to ensure the best outcome for final rules, staff are seeking public input and conducting webinars focusing on intentional take of diamondback terrapins.

FWC staff will hold two public webinars during the public comment period that runs through September 13. Staff will present information on proposed rule

changes as well as ongoing research and conservation efforts for terrapins in Florida. Each webinar will offer the same information and will provide an opportunity for participants to ask questions.

Webinars are scheduled for:

Wednesday, September 1 from 6 to 7:30 p.m.

Friday, September 3 from 1:30 to 3 p.m.

Participation in a webinar will require access to a computer. A recording of the webinars will be published online for interested parties who are unable to attend. For information on how to join the webinars and proposed rule revisions, visit [www.myfwc.com/freshwaterturtles](http://www.myfwc.com/freshwaterturtles) and click on the banner at the top of the page.

The FWC will also accept public comment through September 13 via email to [freshwater.turtles@myfwc.com](mailto:freshwater.turtles@myfwc.com). If you would like to comment but are unable to do so in the specified timeframe, or if you prefer an alternate format in which to comment, contact [freshwater.turtles@myfwc.com](mailto:freshwater.turtles@myfwc.com).

Diamondback terrapins are medium-sized turtles that live in brackish water habitats statewide, including salt marshes, barrier islands, mangrove swamps, tidal creeks and rivers. They eat a variety of foods including snails, crabs, clams, mussels, worms, fish and plants. Five subspecies occur in Florida, three of which can be found nowhere else in the world. For more information, visit [www.myfwc.com/terrapin](http://www.myfwc.com/terrapin).✱



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# Fish Concierge



by Capt. Matt Mitchell

Some fishing trips are about catching that bucket list fish, while some are about groceries and others are about friendly competition. During our summer months, most of our trips are about quality family time on the water and making memories. Introducing young anglers and clients who have never fished our waters are some of my favorite outings.

When I'm lucky enough to be given that opportunity to take someone on their first saltwater fishing trip, it's something I don't take lightly. When taking these trips, I like to show clients the variety of species our amazing backyard offers up every day. Starting out the trip with a fast-paced bite on either snapper or trout quickly grabs everyone's attention. Coaching anglers to catch fish no matter what their skill level is all part of the challenge of being a guide. Over the years, you learn to recognize the small things that make all the difference why one angler does well while another may struggle. By the end of the day's trip, watching everyone succeed is what it's all about.

As guides, we are not only fishermen but the concierge to this amazing place we are lucky enough to call home. From where to stay or eat to environmental issues, ask your guide. The eco part of the tour is always open while out on the water. We never know what we will see from day to day. Turtles, dolphins, manatees and birds are all part of the experience.

After 21 years of guiding, I'm confident in saying I have the best job out there. I'm living the dream by getting to spend over 300 days a year on the water doing what I love. Yes, there are some tough days when Mother Nature fights you but, day in day out, I can't think of any other place I'd prefer to be.

Most people work their whole life to retire and do what I get to do every day. Clients often ask what I do when I have time off. The answer is, fish.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\*



Seven-year-old Miguel wanted to catch a snook on his birthday

photo provided

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

# Gopher Tortoise

by Bob Petcher



The gopher tortoise (*Gopherus polyphemus*) is a docile creature that uses the claws on its feet to dig burrows for its underground home that also provides shelter for many other

animal species. While this type of turtle can probably bite back to protect itself, it usually does not and instead tends to pull its head into its shell and use its front legs as a shield.

At CROW, an adult female gopher tortoise was admitted after a dog attack in Fort Myers. Upon examination, the patient had multiple shell fractures as well as a large soft tissue injury. Veterinarians administered medications and bandaged the wounds.

"The soft tissue injury is significant because parts of the pectoral muscles were destroyed. While it was relatively fresh, some parts of tissue didn't survive the injury and had to be removed in order for it to heal appropriately," said Breanna Frankel, CROW rehabilitation manager. "The tortoise is fully able to use all limbs, and limitations should be minor.

"There were three minor fractures that only required bandaging – the front



Patient #21-4180 is still active even while sporting bandages and a feeding tube

photo by Brittney Auchmuty

left carapace, the back right carapace and back left plastron," said Frankel. "The front of the plastron did not have fracturing, it was mostly missing parts of the shell, tissue and muscle following the dog attack. This injury has only required bandaging as no fracture repair was necessary."

Nine days after intake, the patient underwent surgery to remove the damaged tissue. A feeding tube was inserted during the process.

"The feeding tube was not placed through damaged tissue, but it was

placed within a few inches," Frankel said. "The tube is actually surgically placed via the side of the tortoise's neck and follows the esophagus directly into the stomach. This allows us to offer additional nutrients and oral medications without consistently opening the tortoise's mouth."

Since the operation, the patient has shown improvement.

"Fortunately, this tortoise started eating very well on its own and does not require supplemental force feeds," Frankel said. "It enjoys grazing outside

and eating natural greenery as well as salads' offered by the rehabilitation staff."

Veterinarians will continue to monitor her progress until she is approved for release.

"The prognosis is gradually improving as the tissues have started healing to the point they no longer require topical medication and are starting to heal over nicely," said Frankel. "The tortoise eats on its own and does its own physical therapy when taken outside to graze. Overall, this patient is doing well clinically, but still has a guarded prognosis."

Time will tell if the status of the gopher tortoise will be elevated to allow her to be released. Until then, the patient is in good care as she works her way back from a traumatic injury.

"There should be minimal limitations if/after release because this tortoise is able to move completely on its own and it eats very well," said Frankel. "The only piece missing for this female is part of the gular scute and the most forward part of the plastron. The males use their gular horn to fight for territory or try to win over females but, as a female, she doesn't have to worry about that."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).

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Shell Of The Week

# The Little Knobby Scallop

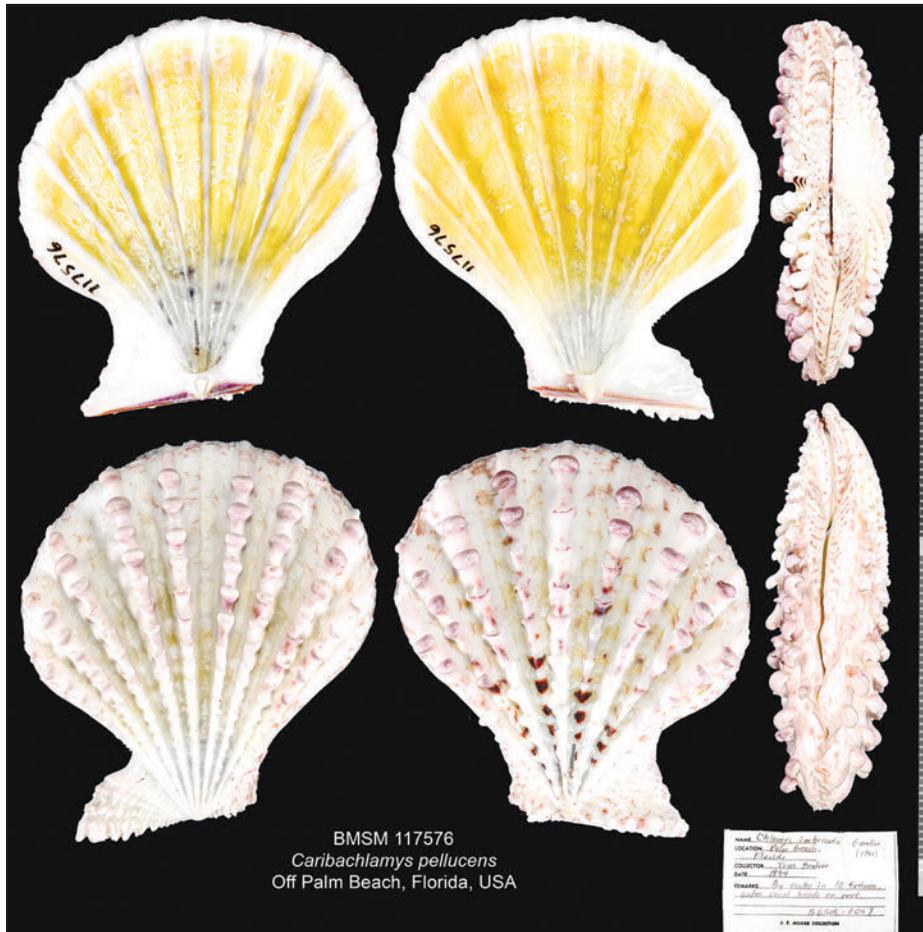


by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

**C**aribachlamys pellucens (Linnaeus, 1758) measures up to 37.4 mm (about 1.5 inches)

in height. The shell has about eight to 10 radial ridges festooned with small knobs or thick scales. The valves in this species may show strong yellow hues internally. We assume that the coloration is not advantageous for visual communication of any kind, because other animals cannot see the inside of a shell. Bright colors and strong patterns usually serve to warn predators of poisonous substances present, or to attract a mate, or for camouflage, but all these require that the color pattern should be visible. (A large reproduction of this illustration is displayed in the In Focus exhibition at the National Shell Museum.) Read more about mollusks and their shells at [www.shellmuseum.org/shell-guide](http://www.shellmuseum.org/shell-guide) and [www.shellmuseum.org/blog](http://www.shellmuseum.org/blog).

The Bailey-Matthews National Shell Museum is open from 10 a.m. to 5 p.m. daily. Safety measures have been put in place, and staff and visitors are required to



The Little Knobby Scallop, *Caribachlamys pellucens*

wear face masks.

The Bailey-Matthews National Shell Museum is located at 3075

photo by James F. Kelly

Sanibel-Captiva Road. For more information, call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).

## Shell Found



Carri Marcolini

photo provided

Carri Marcolini of Washington, DC found a junonia while shelling at Gulfside Beach on August 21. Marcolini said, "I found it in the water about 20 feet off the shore. It's pretty beat up and worn, so I think it's fairly old and must have traveled far." ✨

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Jean Le Boeuf, News-Press



*"A spectacular new exhibition of high-resolution seashell photographs would also have given Rembrandt oceans of artistic inspiration."*  
 -Forbes.com

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## All The Resources You Need At Sanibel Library

Sanibel Public Library is open for normal hours, and also offering the contactless curbside service, with hundreds of bags going out to patrons each week. To use the service, patrons place items on hold online, or make requests by calling the library at 472-2483. You will be notified when your items are ready for pickup. Patrons will have three days (excluding Saturday and Sunday) to pick up items. Hours for curbside pickup are Monday through Friday from noon to 3 p.m.

Sanibel Public Library offers an extensive online collection that is always available for students of all ages and for any patron unable to visit the library in person. Thousands of eBooks, audiobooks, magazines and movies can be accessed at any time through the eShelf.

Brainfuse provides cardholders of all ages access to live, online tutoring, whether attending school in person or working from home. The tutoring service is available from 2 to 11 p.m. each day of the week for students of all ages. In addition to a variety of homework help with live tutors in math, science, reading and social studies, Brainfuse offers PSAT/SAT, ACT, AP and state standardized test preparation. Patrons can submit essays and other forms of writing to the



Candy Heisse promoting Mango Languages

photo provided

Brainfuse Writing Lab for constructive feedback. There is also a foreign language lab and Spanish-speaking support.

Remote learners can borrow mobile WiFi hotspots with their Sanibel Public Library card. Hotspots allow users to connect enabled devices (laptops, tablets, smartphones, etc.) to the Internet.

Hoopla is a digital media service where patrons can browse thousands of titles in six different formats – audiobooks,

eBooks, comics, music, movies and TV shows. Hoopla offers an extensive STEAM collection for children and adults. Titles can be streamed immediately, or downloaded to phones or tablets for offline use later. With Hoopla, all material can be accessed simultaneously (no holds) and patrons have 15 borrows per month.

Sanibel Public Library cardholders have access to a collection of eBooks and eAudiobooks with OverDrive Libby.

Patrons can download up to 10 titles at one time. Items can be downloaded to personal computers and to portable devices (tablets, eReaders and smart phones).

Library staff can help select books based on your child's interests to keep them reading for fun.

Access Encyclopedia Britannica from home. Search its vast collection of entries, multimedia content, magazine and journal articles, primary sources and e-books, web resources and a world atlas. Adults and children can look up subjects by key word, or browse among topic areas and biographies. Start at the Resources page at [www.sanlib.org](http://www.sanlib.org).

If you're looking for back-to-school resources, in addition to books, the library offers Mango, an online language learning tool. More than 70 languages are offered on the app, which can be used offline if you're not on WiFi.

From now through the end of September, stop by the library to see 25 original works of art from the Sanibel-Captiva Art League's exhibit, titled Home Sweet Home.

The library will be closed on Monday, September 6 for Labor Day.

Computers, printers, scanners and fax machines are available as well as magazines and daily newspapers. Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).

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# CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

General admission is \$12 for adults, \$7 for ages 4 to 12, and no charge for ages 3 and under.

Guests learn about CROW's history and day-to-day operations through displays, interactive exhibits and video. The center also features live animal exhibits, children's areas and live camera feeds of the hospital intake room and several outdoor rehabilitation enclosures. General admission includes the daily presentation (see schedule) and no reservation is required.

Hours are 10 a.m. to 4 p.m. Monday through Friday. CROW is located at 3883 Sanibel-Captiva Road.

For the safety of the animals and other guests, masks are required at all times in the Visitor Education Center.

## Wildlife Walk Guided Hospital Tours - \$25 (includes general admission)

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process.



The hour and a half program has two parts: the daily presentation in the Visitor Education Center and then a guided tour through treatment areas of the hospital, concluding on the rehabilitation grounds. This program is open to all, but it is not recommended for children under the age of 13. Masks are required at all times during the tour.

Tours are offered Monday through Friday at 12:30 p.m. Capacity is limited to eight participants. Advance Registration is required. Tours are subject to modification and cancellation based on patients recovering in the hospital.

To register, call 472-3644 ext. 229 or email [reservations@crowclinic.org](mailto:reservations@crowclinic.org). Payment is required to complete reservation.

### Daily Presentation Schedule

**Friday, August 27, 11 a.m., Day in the Life** - CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation and are share their favorite patient stories. One of CROW's animal ambassadors will be present.

**Monday, August 30, 11 a.m., Patient Profiles: Virginia Opossums**

- Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

**Tuesday, August 31, 11 a.m., Turtles, Terrapins and Tortoises** - Is it a turtle, a terrapin, or a tortoise? They are all members of the Chelonian reptile family but convey distinct differences. This presentation discusses the distinctions between the three. One of CROW's animal ambassadors will be present.

**Wednesday, September 1, 11 a.m., Animal Adaptations** - Ever wonder how animals have survived for millions of years? And why others haven't? Whether is migrating south for the winter or developing streamlined bodies to swim faster, animals have adapted to living in a changing world. This presentation discusses these adaptations and the benefits. One of CROW's animal ambassadors will be present.

**Thursday, September 2, 11 a.m., All About Birds** - There are more than 9,000 species of birds around the world. From wading birds, to raptors, to songbirds, each are unique. This presentation discusses the differences between birds and what makes them an important part of the animal kingdom. One of CROW's animal ambassadors will be present.✪



Sarah Ashton and Chris Kirchner photo provided

## Realtors Support Race For FISH

The Ashton Kirchner Group of Keller Williams Realty has signed on as a gold sponsor of the 10K Race 4 FISH, the annual fundraiser for FISH of SanCap.

Long-time resident Sarah Ashton and her business partner, Chris Kirchner, are realtors in the Sanibel and Captiva markets. The Ashton Kirchner Group of Keller Williams Realty supports FISH of SanCap because of the FISH motto, Neighbors helping Neighbors. "It is what makes our community special - all ages and social needs are helped as part of their mission," said Ashton. "It is incredibly

continued on page 18

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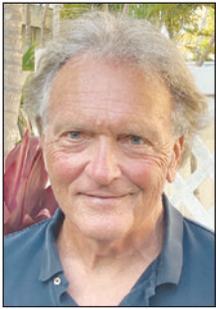
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View menus at

[www.SweetMelissasCafe.com](http://www.SweetMelissasCafe.com)

# Poetry Corner



by Clay C. Ewell

## THE LIGHT

Loving had become a desperate, restless creature,  
Whose ravenous hunger, sated for only moments at a time,  
Gave way to yearning that fed upon itself.  
Your body became an object of adoration and I its keeper,  
Tended to its needs as I thought them to be  
And I could not see in the brilliance of the light.

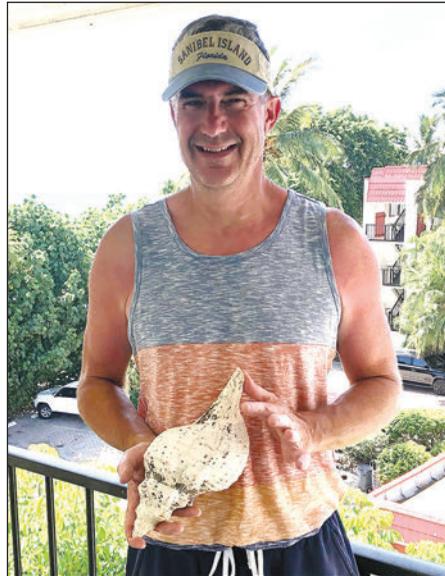
Yet you planted my feet upon the ground and  
Became the bedrock upon which I visioned a life  
Enduring, full with simple pleasures and work

And a front porch to sit and hear the sound of children at play.  
Somehow you had become the source and the reason for it all  
And I could not see in the brilliance of the light.

But I did not, could not, would not find the place  
Within you that stood at a distance, as upon a hilltop  
Outlined along the edge of the sky, resolute, invested  
By the wraiths of the past.  
Young and foolish I dreamt of  
Glorious chivalric adventure, seduction and romance, pursuit and surrender.  
And I could not see in the brilliance of the light.

*Clay C. Ewell resides on Captiva with his wife and four-legged family. Self-employed as a consultant in the construction industry for 35 years, he flirts with retirement while enjoying time with Rita and pursuing his interests in reading, writing and cycling. Your comments and contributions to this feature are welcome at [press@islandnews.com](mailto:press@islandnews.com).\**

## Shell Found



**Christopher Schreiber**

photo by Elizabeth Ulrich

Christopher Schreiber of St. Louis, Missouri found a horse conch on the beach at Pointe Santo de Sanibel Condominiums on August 18.\*

## Fish Caught



**Chris and Andrew Ulrich**

photo by Elizabeth Ulrich

Chris and Andrew Ulrich of St. Louis, Missouri caught a red snapper and snook while fishing off the coast of Sanibel-Captiva with Capt. Mark Sparrow on August 19.\*

# m m m m m m m

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# Favorite Local Restaurant Earns Top Award



by Allison Havill Todd

**W**hat happens when you consistently combine great food, exceptional service and a fun atmosphere? Doc Ford's Rum Bar & Grille, located

in Fort Myers Beach, discovered the answer to this upon recently receiving Trip Advisor's 2021 award for the number one "everyday eats" restaurant in the country. The award, based upon the number of positive five-star reviews a business receives, along with the quality of those reviews, is highly sought after and not easily obtained.

Trip Advisor has become the go-to website for many consumers around the world who are looking for the best places to stay, shop, eat and visit, and the attainment of top placement in any one category is quite an accomplishment amongst a lot of competition. Joe Harrity, Doc Ford's director of operations and marketing, shared that they "rely heavily on feedback from customers on Trip Advisor to measure their staff's



Doc Ford's Fort Myers Beach location

photo provided

performance and learn how they can continually improve every guest's overall experience in all of their restaurants." It also provides the staff an opportunity to create a unique connection with their customers.

The original Doc Ford's Rum Bar & Grille opened in 2003 on Sanibel Island and has since expanded to additional locations on Fort Myers Beach, Captiva Island and St. Petersburg, with a fifth location slated for the Bay Pines area in St. Petersburg. The founders, Marty Harrity (Joe's father), Mark Marinello and local bestselling author, Randy

have in the professionalism of their team, naming the Trip Advisor top award as a true testament to all of their efforts. When asked how they have built such a caring and customer service oriented staff, he shared a favorite quote: "Train your people well enough so they can leave, but treat them well enough so that they don't want to." And it would appear that the employees at Doc Ford's have been well trained and well treated.

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggie mom and facebook.com/thedoggie mom.\*

From page 16

## Realtors

important that kids have meals and school supplies, that folks recovering from an injury have the medical equipment they need, that seniors have meals and social interaction. FISH is all that and so much more. We could not be more pleased to help their mission by sponsoring the upcoming 10K race."

The in-person race will be held on Saturday, October 23 at The Community House. A virtual option is also offered where runners can participate any time from their date of registration through October 23. To register, visit [www.ftmyerstrackclub.com](http://www.ftmyerstrackclub.com).\*

Wayne White, who created the Doc Ford character in his famed novels, all still have active roles in the business. However, Joe Harrity is quick to credit the staff at each of the restaurants for the business' continued success. In particular, he named the Fort Myers Beach location general manager, Kandice Salvador, who has been with the company for over 12 years, as being instrumental in the restaurant receiving this top award.

Harrity mentioned that many of the staff have been involved with the restaurant for more than a decade and reiterated the pride all of the owners

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## Zontians Attend Conference



Members of Zonta in Cincinnati: back from left, Nancy Dreher, Katrina Wilhelm and Nola Theiss; front from left, Judy Langley, Pam Eccles and Erika Steiner. Not pictured: Karen Pati. photo provided

submitted by Sue Denham

While summer may mean quiet times for most islanders, the Zonta Club of Sanibel-Captiva keeps working, learning and contributing. Recently, seven members of the club attended the Zonta North American Inter-District Meeting (NAIDM) in Cincinnati, Ohio. Reports from this largest-ever contingent of members to attend will help guide future goals and activities of the club, already recognized as one of the most successful clubs worldwide, and a leading contributor to Zonta International for its global initiatives.

The NAIDM is held in the U.S. or Canada on the year in which there is no Zonta International convention. Titled Challenges and Opportunities for Zonta's Second Century, the 2021 conference featured sessions ranging from effective training to women's issues, such as ending child marriage, to member recruitment. Zonta San-Cap is fortunate, the group said, in that the islands' steady influx of new-resident retirees provides a source of potential members; however, according to Karen Pati, international membership

chair, clubs must also focus on attracting and retaining younger, working women, making membership accessible to them.

The NAIDM is an opportunity to meet other Zontians, share ideas and gain new knowledge. Erika Steiner, club president-elect, compiled a comprehensive report using input from every attendee. The San-Cap Zontians said they learned strategies for influencing legislators; effective conflict resolution – “no winners or losers in a volunteer organization!” – fundraising, service and much more. They noted that their club has significantly more active local service projects than most other clubs represented, excluding the impact of the pandemic.

In addition to advocating on standard women's issues, Zonta International is working to expand advocacy in formerly non-traditional women's fields such as space and environmental issues.

In this vein, the keynote speaker on the last evening was Dr. Kathryn Sullivan, distinguished scientist, astronaut and executive. Sullivan was one of the first six women to join the NASA astronaut corps

continued on page 24



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**Mango Ice Cream**

- 2 mangoes, diced small
- 2 1/2 cups sugar
- 6 cups whole milk
- 2 cups heavy cream
- 16 egg yolks
- 1 vanilla bean, split lengthwise
- 1/2 stick unsalted butter
- 1/3 cup dark brown sugar
- 1/2 teaspoon cinnamon

Preheat a small pot over medium heat. Add mangoes, butter, brown sugar, and cinnamon. Cook until butter and sugar are melted, and mangoes have softened. Remove from heat and cool completely.

Combine milk, heavy cream, and vanilla bean in a large pot and bring to a boil, then remove from heat. Meanwhile, in a separate mixing bowl, whisk together egg yolks and sugar until completely combined. Temper egg



**Mango Ice Cream**

mixture with a third of the hot milk, then slowly pour back into large pot with milk and cream, whisking constantly. Cook over medium heat until custard reaches 180-185 degrees (stir constantly) and is slightly thickened. Strain through

mesh strainer into a clean bowl and chill completely (over ice bath or in refrigerator). Pour into ice cream machine and follow manufacturer's instructions. Approximately 5 to 10 minutes before ice cream is set, add mango mixture.

Place in freezer-safe container and allow to set for at least 2 hours before serving. Fresh tip: If you don't have vanilla bean, substitute 3 tablespoons pure vanilla extract; add to mixture at the end of the cooking process before straining.✳

photo courtesy Fresh From Florida

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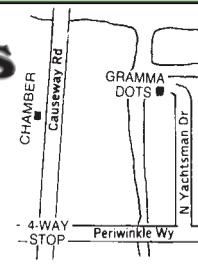
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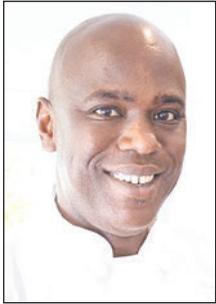
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The Community House  
The Pear



by Chef Jarred Harris

The pear is one of the world's most prized and oldest fruits. This delicious treat starts appearing in farmers markets and grocery stores in late summer and continues into the mid-winter months. With its mild sweetness and soft flesh, pears used to be called butter fruit because their soft, butter-like texture.

Being a close cousin of the apple, the pear is a member of the rosaceous family, which is the Rose family. The fruit has been around for over 3,000 years and its origins are Western China. The fruit spread across the world and evolved into 20 different species and over 3,000 different varieties.

The pear is the fifth most widely produced fruit in the world, being produced mainly in China, Europe and the United States. The majority of

pears sold in America are grown on the west coast of the United States, with Washington, Oregon and California being the top producers.

Besides being very tasty, pears have high nutritional value. They contain vitamins A, B1, B2, B3, B6, E and C. Pears also contain minerals such as zinc, copper, manganese, potassium, phosphorus, magnesium, calcium and iron. They are a good source of riboflavin, niacin, folic and dietary fiber.

Because pears have a high fiber content, they are often used in the treatment of intestinal inflammation, treating diverticulosis, cardiovascular disease and diabetes.

Pear wood is used to make high-quality woodwind instruments and furniture because it resists warping and splintering.

Here is a simple recipe to try:

**Pear and Walnut Tart**

**Ingredients**

- 1 sheet of ready-made pie crust dough
- 1 cup golden or sultana raisins
- 1 cup brandy
- 2 lbs. firm ripe Bosc pears (peeled, halved, cored and thinly sliced crosswise)
- 2 tbsp. fresh lemon juice
- 1 cup chopped walnuts
- 8 amaretti cookies, crushed

**Method**

- To prepare the pastry:  
Preheat oven to 375F  
Remove the pie crust from its packaging and place in a tart pan.

Using a fork, prick the bottom of the pastry and cover with parchment.

Fill the tart pan with rice or baking beads and blind bake for 20 minutes.

Remove the tart pan from the oven and set aside to cool.

To make the filling:

Put the raisins into a bowl and cover with brandy; let sit for 20 minutes.

In a bowl, combine remaining sugar, pears and lemon juice, then transfer mixture to cooled tart shell.

Drain raisins and scatter over pears. Sprinkle walnuts and cookies over

pears. Dot top with butter and cover rim of tart with strips of foil. Bake until tart is golden and bubbly, 25 to 30 minutes.

Let cool and serve with ice cream.

*Although I have retired early and am no longer the resident chef at The Community House, my heart is still with the members of SCA and the Sanibel community. I will continue to share my knowledge and recipes with you. Please be a patron of The Community House and visit the Culinary Education Center.\**

Three Restaurant Awards Earned By Resort Group

Three of Sanibel Captiva Beach Resorts (SCBR) flagship restaurants have received 2021 TripAdvisor Travelers' Choice Awards, signifying a top 10 percent approval rating in the world. Awards went to Old Captiva House and Crow's Nest Bar & Grille at Tween Waters Island Resort & Spa of Captiva, along with Normandie Seaside Cafe at West Wind Island Resort of Sanibel.

"We're delighted with the awards and the outstanding efforts these positive reviews represent - in quality cuisine, exceptional customer service and outstanding guest experiences," said Laurent Bosc, director of food and

beverage for SCBR. "We thank the many, many guests this past year who applauded our efforts to be the best on Sanibel and Captiva islands with their reviews and comments."

Greg Nelson, executive chef for all SCBR dining outlets and food service, said "Our corporation strives to deliver only the best in our ingredients, preparation, presentation and customer satisfaction. This is a top-down commitment to fulfill our corporate mission: to deliver a warm, friendly and memorable island resort experience that provides value so exceptional, folks want to return again and again."

CEO Doug Babcock said, "These awards reflect the commitment our entire food and beverage division has made to excellence, especially considering the past many months of pandemic challenges. We're all extremely proud and excited.\*"

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Book Review

# The Forest Of Vanishing Stars

by Di Saggau



**K**ristin Harmel is one of my favorite authors of World War II historical fiction. I had the opportunity to tell her that a while back when she was on Sanibel at an author luncheon

and talk sponsored by MacIntosh Books. At Traders2, she greeted everyone before her talk and then gave us the background on her latest book *The Forest of Vanishing Stars*.

The book is about Jewish refugees who flee from the Nazis and try to survive by hiding in the vast forests of Poland. Leaders are the Bielski brothers, Tuvia, Zus and Aron. Harmel was able to interview Aron for much of the background in her story. I found her author's notes to be as fascinating as the book because she shares her research and talks with Aron, the surviving brother who is in his 90s.

The book is a heart-wrenching and suspenseful novel. It begins with a young child being stolen from her wealthy German parents by an elderly Jewish woman who raises her in the forest and teaches her all about how to survive,

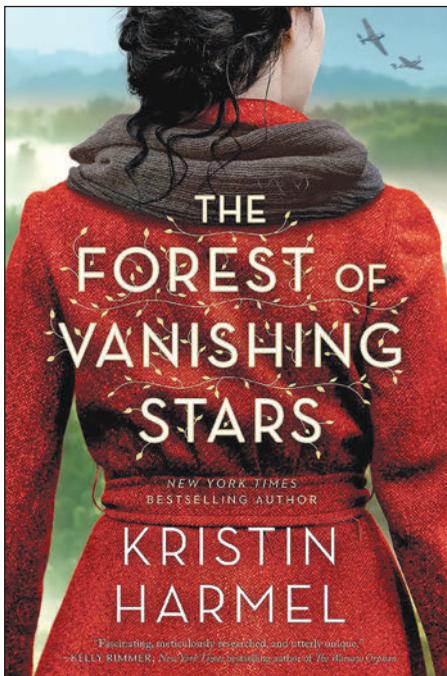


image provided

build shelters, gather and preserve food, how to use plants and herbs and how to defend herself. She is named Yona, which means dove in Hebrew. Her teacher is Jerusza.

When Jerusza dies at age 102, Yona is alone but able to survive because of her skills. When she meets a group of Jewish people who had escaped the ghetto, she feels it is her duty to help them survive. She teaches them the ways of the forest where they live in fear from the Nazis.

This is an outstanding read. It's a

story of hope, courage, bravery, survival, sacrifice and love. A tribute to the human spirit to perseverance, and to finding the qualities a person possesses for empathy, kindness and making choices.

In her notes, Harmel mentions the 2008 film *Defiance* starring Daniel Craig,

Liev Schreiber and Jamie Bell as the Bielski brothers. It tells a breathtaking story and is available on Netflix. *The Forest of Vanishing Stars* is a compelling masterpiece, beautifully researched. If you've not yet read it, I hope you put it on your list.\*

## School Smart



by Shelley M. Greggs, NCSP

**D**ear Readers, I shared this information with you a few years ago, but given our current volatile and often violent weather situation and its impact on children, I'm sharing this

again to help you and your family be more prepared for any adverse weather impacts. This fact "sheet" is from the National Association of School Psychologists and provides explanations and strategies to help your children with their distress from hearing about or experiencing a natural disaster.

Experiencing a dangerous or violent flood, storm, or hurricane can be especially traumatic for children and youth, and the devastation to the familiar environment can be long-lasting and distressing. Children look to the significant adults in their lives for guidance on how to manage their reactions after the immediate threat is over. Parents, teachers and other caregivers can help children and youth cope in the aftermath of a natural disaster by remaining calm and reassuring children that they will be all right.

There are a number of common reactions following a natural disaster; however, children's reactions may differ according to age and developmental level.

**Preschool** – Regressive behaviors, decreased verbalization, increased anxiety.

**Elementary** – Poor attention/concentration, school avoidance, irritability, clinginess, aggression, somatic complaints, nightmares, social withdrawal.

**Middle and High School** – Sleeping and eating disturbances, agitation, increase in conflicts, physical complaints, delinquent behavior and poor concentration.

Several risk factors may impact the severity of a child's reactions. These include exposure to the actual event, personal injury or loss of a loved one, level of parental support, dislocation from their home or community, the level of physical destruction and pre-existing risks, such as a previous traumatic experience or mental illness. Issues associated with specific disasters are listed below.

**Hurricanes** – Usually hurricanes are predicted in advance, giving communities time to prepare and families time to gather supplies and evacuate if needed. But there is still potential for fear and anxiety about the potential impact from the fierce winds and rain. Children may exhibit exaggerated startle responses, anxiety and significant stress during or immediately after a hurricane. As a result, children may re-experience similar stress reactions when subsequent severe weather events occur.

**Earthquakes** – Aftershocks differentiate earthquakes from other natural disasters. Since there is no clearly defined endpoint, the disruptions caused by continued tremors may increase psychological distress. In addition, earthquakes occur with virtually no warning, which limits individuals' ability to make the psychological adjustments that can facilitate coping and can create a sense of helplessness. Aftershocks and destruction may result in a longer period of time until children truly feel safe.

**Tornadoes** – Like earthquakes, individuals typically have little time to prepare for tornadoes. It can be difficult to cope with the sights and smells of destruction following a tornado. Survivor guilt has been observed to be an especially common coping challenge. For instance, some children may express guilt that they still have a house to live in while their friend next door does not.

**Floods** – Flash floods are the most dangerous of these common disasters, as they occur without warning and move at intense speeds. Most floods do not recede overnight, and residents may have to wait days or weeks before they can begin cleanup efforts, resulting in a delay in emotional recovery.

**Wildfires** – Often, there is some warning of an advancing wildfire. However, depending upon the wind and terrain, the direction and spread of a wildfire can change abruptly. Depending upon the need to evacuate, and the extent of the damage, children and families may be displaced and consequently may struggle to recover.

**Recovery takes time** – Survivors may have to deal with the disaster aftermath for months or even years. Advance preparation and coordination with supporting agencies will facilitate problem solving and support family coping. Changes brought about by disaster experiences create a "new normal" for survivors.

Helpful strategies for adults to use following a natural disaster are listed below:

- Remain calm and reassuring;
- Acknowledge and normalize their feelings;
- Encourage children to talk about disaster-related events;
- Promote positive coping and problem-solving skills;
- Emphasize children's resiliency;
- Strengthen children's friendship and peer support; and
- Take care of your own needs and avoid using drugs or alcohol to feel better.

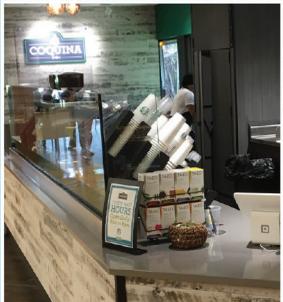
Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com) or at [www.schoolconsultationservices.com](http://www.schoolconsultationservices.com).\*



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# Rotary Happenings

submitted by Cindy Carter

Have you ever met a seventh generation Florida native? Do they even exist? This week, we heard from Matt Caldwell, who is just that, as well as the Lee County property appraiser. He brings with him a deep understanding of our lands as well as plenty of experience for his elected position.



**Matt Caldwell** photo provided

3-D technology to improve the property appraisal process, which allows for more equitable appraisals. If a resident disagrees with their appraisal, they can work with the office to have a reassessment done.

While in college, Caldwell began his career as a real estate appraiser, ultimately joining the firm of Maxwell, Hendry, Simmons in 2004, where he remains of counsel. He has attained the highest state certification in his field and is qualified as an expert witness in multiple states and federal court. In 2019, Caldwell became a partner at

TM Strategic Consulting, focused on candidate and political consulting.

Prior to running for public office, Caldwell volunteered for appointment to various governmental committees regarding financial oversight, audits, Everglades restoration, land use and transportation, as well as the 2008 constitutional review of the Lee County Charter.

Caldwell was a member of the Florida House of Representatives from 2010 to 2018, serving on and chairing several committees including: tax policy, redistricting, insurance and banking, agriculture and natural resources/public lands, transportation and infrastructure, local, federal and military affairs, and oversight of government operations, such as pensions and elections. He is proud to have sponsored, and have the governor sign into law, dozens of bills, including those related to agriculture, natural resources, public safety, cannabis reform, medical care, criminal justice reform, pensions and term limits, among others.

Caldwell is proud to continue Wilkinson's legacy as an advocate for the taxpayer; using the platform as a constitutional officer to support good government at the local, state and federal levels.

*The Sanibel-Captiva Rotary Club is holding meetings on Zoom and in person at The Community House, 2173 Periwinkle Way. Doors open at 7 a.m. and the meeting begins at 7:30 a.m. Email william.harkey@gmail.com*

by the Tuesday before the meeting if you would like to attend in person. All are welcome. For more information, visit [www.sanibelrotary.org](http://www.sanibelrotary.org).

## ISLAND SUN BUSINESS NEWSMAKERS

### REMAX Of The Islands

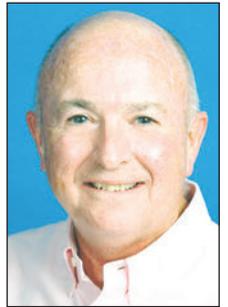


**Steve Fisher**



**Maxine Fisher**

The top selling associates for July at REMAX of the Islands were Steve and Maxine Fisher. The top listing associate was



**Chuck Bergstrom**

Chuck Bergstrom.✳



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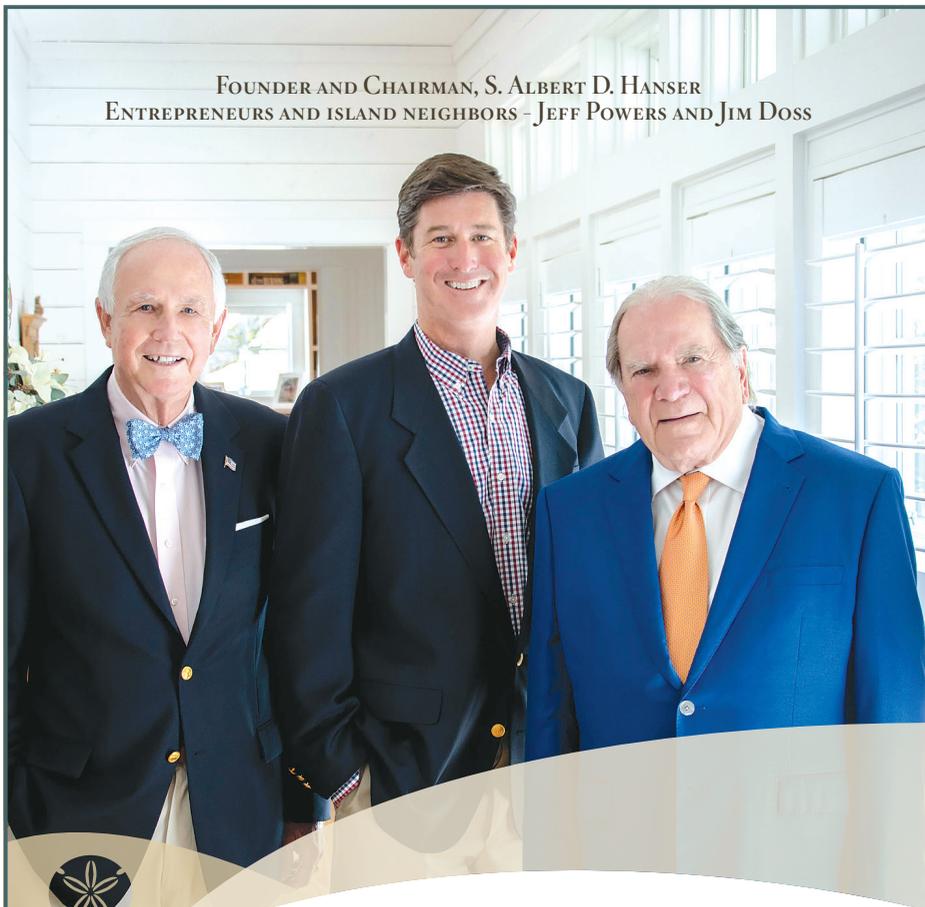
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\$12,899\* (Citation I\*\*) and \$16,699\* (Citation 650). \*Price and flight time based on one way flight from Northern Ohio to Punta Gorda. Price will vary from any SW Florida airport to your home town, call 800-247-8735 for a free personal Quote. \*\*Citation I up to 4 passengers-Flight time 3 hrs. 15 min. Arrangements to transport your vehicle home can also be made.

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Superior Interiors

## How To Bring A Room Together



by Jeanie Tinch

A room in your home can be full of furniture and still feel incomplete. It's simple to get caught up in filling the space and forget to pay attention to the fine details that bring everything together.

Filling that void doesn't have to be difficult, just apply a few of these simple tips.

Add a splash of color – There's nothing wrong with neutral décor. A living room that's filled with warm tones of brown, tan and driftwood is cozy and inviting. But it can also feel dull without a splash of color. To knock the perception, Apartment Therapy suggested adding subtle accents throughout the space. Shades like frosted blue or leaf green complement neutral tones well, so consider these hues for your drapery, throw pillows or other home accessories.

Throw down an area rug – Take a look at your floors. Do they seem bare? It's nothing an area rug can't fix. And this doesn't only apply to hardwood flooring – your carpets can benefit from a rug, too. This is one of the easiest ways to add depth to your space. By placing a floor covering in the middle of the room, you can bring those staple pieces of furniture together and make the space more cohesive.

Place throw pillows on the furniture – Throw pillows make a comforting statement on any piece of furniture. They don't have to match in order to bring the room together, so be creative. We recommend choosing mismatched colors, shapes and textures to give your living room character. Just be sure to keep your overall color palette in mind to avoid creating visual chaos.

Bring your walls to life – Adding color to your walls isn't the only way to bring them to life. You have other options. Consider an accent wall with decorative wallcovering, or create your own gallery by hanging your favorite pieces of art. Much like the throw pillows, this wall doesn't have to be uniform, you can hang frames of all shapes and sizes as long as you can

find a way to streamline the arrangement.

Hang drapery of the proper length – Dressing your windows in the perfect drapery will bring your space together, but you need to choose wisely. It's all about picking the right length. Long window treatments allow your eyes to adjust from the walls to floor with ease. Short shades that stop at the foot of the window may seem like the right choice, but it can make or break the flow of your entire room.

Keep your bookshelves in order – Unorganized bookshelves will only make your rooms seem chaotic. Bring your space together by shaping up those shelves of yours. Maybe you'll organize your books by color, shape and size. Or, perhaps you'll make it much more than a bookshelf by weighing your novels and magazines down with decorative accessories, which adds a diverse yet constructed touch to the system.

Perfect your lighting – Proper lighting is crucial, no matter what room you're in. Choose fixtures that can bring your rooms together with ease. A chandelier above the dining table makes a sophisticated statement, while dim-lit floor lamps can make your living room as comfortable as can be.

See? Making your rooms more cohesive is easy. It's all about fine tuning simple details. If you're ready to give you space some attention, just reach out to a design professional. He or she will help you incorporate these tips into your design scheme to create a room that's cozy and inviting.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at [jeanie@coincdecden.com](mailto:jeanie@coincdecden.com).

From page 19

## Conference

in 1978 and was the first American woman to walk in space, completing three space shuttle missions during her 15 years at NASA. She also participated in a dive into the deepest part of the ocean, the Mariana Trench. She left the assembled Zontians with this inspiration: "If you have the opportunity to make a difference and change the world, take it."

Look for information soon on Zonta's fall fundraiser, an exciting online auction. Meanwhile, the grants committee is hard at work reviewing applications from area nonprofits for grants funded by the 2021 Peek at the Unique Repurposed.

For more information, visit [www.zontasancap.org](http://www.zontasancap.org).



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Will Power

# How To Treat Loans To Loved Ones In Your Estate Plan



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

**M**any parents loan money to their children. Some expect payback, others don't. The loans might be for a down payment on a home, funds to start a business or, in many cases, ongoing support to help a child with money for necessities like food, clothing and shelter.

What to do about these loans in your will or trust? Should they be treated as part of the child's inheritance? Forgiven? Still in effect at your death, so the child must repay the estate? How you answer these questions is important. Even more so, how these provisions are drafted into your estate plan can have an

adverse economic effect on the child who makes the notes and, in some cases, rip sibling relationships apart.

As an example, I've recently come across several provisions that look like this; "Any loan that I've made to my daughter Jean shall be forgiven."

What's wrong with that? First, under our federal income tax law, when you forgive a loan to anyone, then the borrower (in this example, Jean) must recognize as taxable income the outstanding amount of the note. If the original note included interest, then the compounded unpaid interest plus principal becomes taxable income. An unpaid \$100,000 note bearing interest at 5 percent over 10 years compounds to \$164,710. If Mom writes in her will that she forgives this note, Jean must recognize that amount as taxable income.

Bad result. I've seen this not only in self-made wills, but also in wills and trusts drafted by attorneys.

What about loans that don't bear interest? The IRS has a rule that says the lender must impute interest on his or her tax return. The interest rate is calculated using the Applicable Federal Rate table that the IRS publishes every month. A non-interest-bearing note also poses difficulties in determining the ultimate distribution to the estate beneficiaries.

The better way to deal with loans is to give them back to the beneficiary/borrower. In my example above, if Mom's will directs the personal representative to give Jean back her note, that is effectively a \$164,710 bequest. Now the issue becomes whether this is counted towards Jean's share. Assume that Jean has a brother, Tim. Mom's

estate is \$500,000, which is to be divided equally. Jean does not have to recognize the note as taxable income (it's not forgiven – it's a bequest) but is silent as to whether the note should be counted as part of Jean's inheritance, then she and Tim each would receive \$250,000.

If, on the other hand, Mom's will directs the personal representative to treat the note as part of Jean's share, then Mom's total estate is \$664,710 (\$500,000 plus \$164,710). Each share is therefore \$332,355. Jean receives \$167,645 of cash and her note back. Tim gets \$332,355 of cash.

But let's further assume in a different example that at Mom's death, she has only \$100,000 of cash and nothing else. Should Tim get the entire amount? If Mom's will says nothing about the note, which is an asset of the estate, her total estate would be \$267,645 (the note plus the \$100,000). Here, each beneficiary gets half, \$133,822.50. For Tim to be treated fairly, he would get the entire \$100,000 and Jean should pay him \$33,822.50 from her own funds.

This example also stresses the importance of drafting proper promissory notes. I've seen many people do it on their own on a piece of paper. These notes often don't indicate whether interest is to be charged, when the note is to be repaid, whether interest is compounded, or how often it is compounded (monthly, annually?). In my example, Jean's note, if not compounded but is charged as "simple" interest, would be \$150,000 rather than \$164,710. Unpaid simple interest is not added to principal, as opposed to compounded interest, which is.

On the other end of the spectrum, what if Mom has a taxable estate, one where federal estate tax will be due. A promissory note is an asset of the estate. Should the note bear its proportionate burden of the estate tax? Typically, specific bequests ("I give Jean any promissory note that she has made with me" is an example of a specific bequest) do not bear the burden of estate tax but are taken "off the top" and charged against the decedent's exemption. Is this fair to the other beneficiaries?

Hopefully, after reading this, you see the importance of proper planning. These issues tend to rip families apart, especially when one child has received a disproportionate amount of money relative to her siblings. Poorly drawn promissory notes and estate planning documents can be a bad combination for everyone.

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## How's The Market? Ask Ann

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Ann Gee  
Broker/Owner

Who is buying Condos and Homes on Sanibel? In my view, most of our Buyers purchase for three reasons, some are a "blend."

Buyer #1 is looking for a return on the investment. Most of these purchases are condominiums that allow weekly rentals. The advantages to the Buyer is that they may produce a conservative rate of return on their investment, allow limited personal enjoyment of the Unit and potential price appreciation. Worth mentioning, make sure you factor in wear and tear and replacement of furniture, appliances and A/C. In addition, anticipate future assessments levied by the Association in Condominium purchases. In a perfect world, price appreciation will cover the costs.

Buyer #2 will buy for personal use and enjoyment. They have been visiting Sanibel for years and dream of retiring on the island or having a winter residence. Plain and simple, they are fulfilling their dream. Buyer #3 buys now, as a rental income investment with the idea of having a "toehold" on the island.

Homes with year-to-date sales are 269 with average sales price of \$1,308,899. Condo sales year-to-date are 206 with average sales price of \$868,672.

### 11 Closed Sales Going Back One Week 6 Homes, 4 Condos & 1 Lot

- |   |   |
|---|---|
| 1610 Middle Gulf Dr. F7 Spanish Cay - <b>\$395,000</b>    | 486 Surf Sound Ct. - <b>\$1,190,000</b>           |
| 625 Nerita St. 2B Coquina Beach Condo - <b>\$585,000</b>  | 5300 Umbrella Pool Rd. - <b>\$1,190,000</b>       |
| 460 Sawgrass Pl. - <b>\$800,000</b>                       | 6418 Pine Ave. - <b>\$1,700,000</b>               |
| 827 East Gulf Dr. D2 Sanibel Arms West - <b>\$915,799</b> | 000 West Gulf Dr. Vacant Lot - <b>\$3,500,000</b> |
| 2475 West Gulf Dr. 305 Tarpon Beach - <b>\$1,000,000</b>  | 1314 Seaspray Ln. - <b>\$6,695,875</b>            |
| 5431 Shearwater Dr. - <b>\$1,148,000</b>                  |   |

Have a good week and call me with any comments or questions.

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**Seaspray Lane, Sanibel**

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- Beautifully decorated. Private community w/tennis.

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**Captiva Dr. Lot, Captiva**

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- 100' of Beach Frontage
- Western Exposure Direct Sunset Views.
- Live the Island dream.

**Offered At: \$4,250,000**



JUST SOLD

**Wulfert Road #6, Sanibel**

- Wonderful top floor sanctuary golf village
- 2 bedrooms w/den, 2.5 baths
- Sunset & 18th fairway w/lake views
- Updated kitchen and flooring

**Offered At: \$825,000**



JUST SOLD

**Captiva Drive, Captiva**

- Private & Prime Captiva location.
- 4 acres of Captiva Gold Coast.
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Health First

# Emergency Use Authorization Vs. Full Approval



by Julie Rosenberg, MD

The COVID-19 pandemic continues to be a major societal threat. The highly contagious Delta variant is currently the predominant strain of the virus in the United States.

(EUAs) rather than fully approved by the Food and Drug Association (FDA). This article will help you to understand the differences between EUA and full approval.

Emergency Use Authorization – An EUA is a mechanism to facilitate the availability and use of medical countermeasures, including medications and vaccines, during public health emergencies. In such emergency situations, FDA may allow the use of unapproved medical products, or unapproved uses of approved medical products, to diagnose, treat, or prevent serious or life-threatening diseases or conditions. Prior to granting EUA for any product, FDA must determine that the product’s potential benefits outweigh its potential risks.

The concept of the EUA was first introduced by the FDA in 2005. An anthrax vaccine was made available to military personnel on an emergency basis due to the discovery of anthrax-laced letters that sickened or killed nearly two dozen people. EUAs were subsequently issued by FDA for a variety of therapies for diseases such as H1N1 (swine flu), Middle East Respiratory Syndrome (MERS), Ebola and Zika.

During the COVID-19 pandemic, numerous EUAs have been issued for COVID-19-related products, not only for vaccines but also for diagnostic and antibody tests, as well as some clinical treatments. It is important to note that prior to issuing an EUA, the FDA carefully reviews safety and effectiveness

data. In the case of COVID-19 vaccines, the FDA reviewed safety and efficacy data on tens of thousands of study participants enrolled in COVID-19 vaccine trials prior to granting of EUAs.

Vaccine Approval – The FDA Center for Biologics Evaluation and Research is responsible for vaccine approval and regulation. The process and requirements for vaccine approval and regulation include preclinical testing, human testing and post-approval safety monitoring.

In vitro testing and animal studies help identify the appropriate dosage and provide pharmacology and toxicology data on a vaccine candidate. A manufacturer then submits an Investigational New Drug (IND) application to the FDA, which contains preclinical data, a description of the proposed manufacturing process and quality control procedures, and a description of planned human trials. After a manufacturer submits a valid IND application, human trials can proceed.

Phase I clinical trials evaluate vaccine safety, dosage and capacity to induce an immune response in a limited number of healthy subjects. Phase II trials evaluate initial safety and efficacy in a larger population, typically a few hundred volunteers. Phase III trials are large, randomized, clinical trials that involve hundreds to thousands of subjects and provide more definitive evidence of a vaccine’s efficacy and safety.

Once a vaccine successfully moves through Phase III trials, the manufacturer submits a Biologics License Application (BLA). The FDA undertakes a rigorous review process of each BLA prior to approval. After a vaccine is approved and marketed, post-marketing safety surveillance is required to understand how the vaccine performs in a real-world setting. Full approval for the Pfizer-BioNtech was granted by FDA on August 23 and full approval of the Moderna vaccine is expected soon.

Final Thoughts – COVID-19 remains a public health emergency. EUAs are designed to help people get immediate

assistance. EUAs for COVID-19 vaccines have been an important, life-saving tool during the pandemic. If you are not already vaccinated, please get vaccinated. After all, if you were diagnosed with a serious illness, wouldn’t you want rapid access to a potentially life-saving treatment? If you could prevent a life-threatening disease by taking a vaccine, wouldn’t you want to do so? COVID-19 vaccines are widely available, free of charge, and may be lifesaving.

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, *Beyond the Mat and Be True*. For more information, visit her website at [www.drjulierosenberg.com](http://www.drjulierosenberg.com). For consulting and speaking requests, email inquiries to [info@drjulierosenberg.com](mailto:info@drjulierosenberg.com).\*

Following the emergence of the Delta variant, COVID-19 cases, hospitalizations and deaths have continued to rise, especially in areas with higher levels of community transmission and lower vaccination coverage.

The solution to ending the COVID-19 pandemic is widespread vaccination. However, while vaccination rates have increased in the United States, currently only 62 percent of the U.S. population >= 18 years of age has been fully vaccinated.

One of the stated concerns among those who have resisted vaccination is that the currently available vaccines – Pfizer-BioNtech, Moderna and Johnson & Johnson – are available under Emergency Use Authorizations

## Chamber Sets New Pandemic Measures

In light of recent coronavirus spikes locally, the Sanibel & Captiva Islands Chamber of Commerce has placed a pause on in-person monthly luncheon meetings. It has also scheduled a visit from the Golisano Children’s Hospital Mobile Pediatric Vaccination Clinic in the parking lot of its Francis P. Bailey, Jr., Visitor Center parking lot on Tuesday, August 31 from 12 to 4 p.m. and again for second doses on Thursday, September 23.

“The board of directors has voted unanimously to hold off on physical business meetings for at least a couple of months,” said John Lai, chamber president and chief executive officer. “This Delta variant of the coronavirus has quickly become a pandemic of the unvaccinated, and we want to do all we can to keep island residents safe. It is my hope that making a vaccination site more available to our community will make

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# Frankly Speaking

by Howard Prager



**A** lot of numbers today from baseball, COVID-19 and Olympic stories. It's all here.

500 – The club is magical in baseball.

There are only 28 players who have hit at least 500 home runs and most are in the Hall of Fame. Welcome Miguel Cabrera, the 38-year-old Tigers shortstop and the first Venezuelan, to be the latest to accomplish this feat. "It's something special for my country, my family, to be able to do this," he said afterwards. His next goal? Be one of only six players to get 3,000 hits and over 500 home runs and be the first to achieve those milestones in the same season. He has 2,950 hits, so that's certainly possible if he stays hot over the next month.

40 – While a bit less magical, 40 is still an impressive number of home runs in one season. Shohei Ohtani is already there. With just over a month to go, is 50 possible? And to go along with that, what about double digits in victories? The Shohei watch is on, and it makes watching the Angels, who don't appear to be headed into the postseason, exciting.

13 – The unlucky number is the

new record number of straight losses for the once mighty Chicago Cubs at the not-so-friendly confines. In the meantime, Baltimore is at 18 straight losses and climbing (or lowering, as the case may be) the major league lead in such statistics for this season.

100 percent – The entire roster of players and staff on the Ole Miss football team – over 240 people – who are now 100 percent vaccinated, the first college program to do so. Another example of an SEC school leading the way in a state that has one of the lowest vaccination rates. Hopefully their actions will inspire many more to follow suit.

Big 3? – The ACC, Big Ten and Pac 12 continue to have talks about some type of alliance. A super conference? Sharing strategies? We're not sure what it will lead to, but the conversations continue as they try to stay ahead of the SEC, which is growing itself into a super conference by adding Texas and Oklahoma in a few years.

0 – That's how many fans the University of Hawaii is allowing into their stadium this year as the Delta strain of COVID-19 has hit Hawaii hard. I'm sure we'll see other restrictions in stadiums again this fall as the Delta variant increases.

3 – The number of NFL preseason games this season. This weekend is the final preseason tune-up, other than the Cowboys and Steelers who added a 4th game against each other. This is in part because the NFL added a 17th game in the season. Got that? Three, 17, and

two with 4. Hike!

Unlimited potential – That's the opportunity for college athletes on scholarship to now earn money. For example, AP reported that several athletes who are artistic can now legitimately sell their art and music under their own names. Will Ulmer is an offensive lineman for Marshall. He's also a singer who can do paid gigs. Lexi Sun is a volleyball player for Nebraska who likes to design sports apparel. Her line sold out quickly in a deal with Ren Athletics. She also struck a deal with Nebraska-based jeweler Borsheim's, a favorite of my late sister-in-law Elyce.

58 – Age is just a number says Sportco about Abdullah Al-Rashidi of Kuwait. "The 58-year-old defied all the odds and obstacles that were against him to claim the bronze medal in the skeet shooting event in Tokyo. With Kuwait being suspended by the IOC, the 58-year old had to compete under the independent country category. But he wasted no time in wrapping himself with the Kuwaiti flag even though it was against the protocols. After all, it is about unity. Abdullah Al-Rashidi also managed to create history at the 2016 Rio Olympics by claiming bronze in the same event, and he made his intentions quite clear that he is not yet ready to hang up his boots."

5 – Freestyle swimmer Ahmed Hafnaoui of Tunisia created history by claiming the nation's fifth Gold medal in another Sportco Olympics story. "The 18-year old was no contender for the podium and he just narrowly edged past in the qualifications. However, Hafnaoui was seen in great form and as smooth

as ever as he raced past his opponents at the finals of the 400-meter event. The underdog overhauled the hot favorites Jack McLoughlin of Australia and Kieran Smith of the U.S.A. This was one of the most inspiring stories of the Tokyo Olympics 2020 as the 18-year-old proved to the world what dedication could bring about on the biggest stage. The likes of faster swimmers was not only the challenge that the teenager had to overcome but he was also allotted a tricky end lane. However, the spirited youngster overcame all the obstacles to imprint his name in the history books as the youngest Tunisian to win a gold medal."

*Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandnews.com.\**

From page 28

## Chamber

decisions easier for those citizens who are on the fence."

The free vaccination clinic, which will be administering Pfizer coronavirus immunization, is walk-up only, and although it targets children ages 12 and older, all ages are welcome. A parent or authorized guardian must accompany a minor for vaccination.

COVID-19 vaccinations are also available at no cost at Lee Health's Community Vaccination Clinic, located at Gulf Coast Medical Center. For more information, visit [www.leehealth.org](http://www.leehealth.org).\*



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## SPORTS QUIZ

1. Boca Juniors, Independiente, Racing, River Plate and San Lorenzo are soccer clubs competing in what South American country?
2. Name the Chicago Cubs centerfielder who stopped two protesters from burning an American flag in the outfield at Dodger Stadium in April 1976.
3. What team selected Florida State running back Sammie Smith in the first round of the 1989 NFL Draft?
4. Karsten Solheim, who began making putters in his garage in 1959, founded what golf equipment company?
5. What boxer, nicknamed "The Mongoose," held the world light heavyweight title from 1952-62?
6. Before his NFL career, Flozell Adams won the Big Ten Offensive Lineman of the Year in 1997 as a member of what team?
7. What Pittsburgh Pirates first baseman struck a Milwaukee Brewers Famous Racing Sausage mascot with a bat during a game in July 2003?

## ANSWERS

1. Argentina. 2. Rick Monday. 3. The Miami Dolphins. 4. PING. 5. Archie Moore. 6. The Michigan State Spartans. 7. Randall Simon.

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dearRPharmacist

## Ivermectin And Natural Alternatives



by Suzy  
Cohen, RPh

### Dear Readers:

The drug Ivermectin was first discovered in Japan, and was FDA approved in the late 1970s.

This medication is prescribed by

doctors to treat roundworm, and other worm or parasite infections. The drug is especially helpful for those who have a weakened immune system and intended to “reduce the risk of developing a severe or life-threatening infection.” This is an infection that causes various types of

abdominal problems including cramps, diarrhea or constipation (or alternating bouts of each), persistent gas, weight loss, cough, wheezing, flu-like symptoms and increased eosinophils in the blood. There are other worms that infect people too, such as the tapeworm, whipworm, hookworm and others.

Ivermectin belongs to a class of drugs called anthelmintics. The drug has become rather controversial as of late due to several studies pointing to its impact on cytokines and ability to reduce complications from respiratory diseases. Interestingly, there are topical formulations that can be ordered for scabies, pediculosis and rosacea.

If prescribed for you, take ivermectin on an empty stomach with a full glass of water, approximately one hour before a meal or two hours afterwards. Ivermectin is sometimes given as a single dose, but some doctors suggest taking another pill several weeks later, or sometimes several months later. The side effects that are most common include headache and dizziness, nausea or mild stomach upset,

diarrhea and muscle aches.

Here are some natural alternatives you can talk to your physician about. Remember, never self-treat a serious condition and only make changes to your medication/supplement regimen with your physician’s blessings. In no particular order:

**Andrographis paniculata** – Helps control larvae production and blocks eggs from hatching in certain cases.

**Wormwood** – Very often wormwood is the main ingredient in a parasite cleanse because it has a broad spectrum of killing action.

**Black Walnut** – This herbal anti-parasitic is very strong and commonly sold as a commercial tea in health food stores.

**Clove** – This contains eugenol, which may help reduce worm burden. Oregano is another spice I highly recommend.

**Juniper** – I diffuse juniper essential oil in my aromazer. It contains the anti-parasitic compound called “totarol.”

**Green Tea** – EGCG is the main compound in this, which kills parasites.

**Olive Leaf Extract** – There is some

evidence to suggest that oleuropein, the main active ingredient in olive leaves, can target giardina, pinworm and roundworm. Eating olives is not the same as supplementing.

**Neem** – considered an anti-parasitic by some, and often used in gastrointestinal (GI) supplements

In summary, there are a lot of plant-based agents available to us if we want to target parasites. That said, none of these work exactly like Ivermectin, nor am I suggesting that you take these instead of your medication. If you are taking a GI drug for a disorder that requires treatment, please take this seriously and do not substitute natural remedies for what your physician has prescribed for you. If you’d like to learn about more natural anti-parasitics, sign up for my free newsletter at [www.suzycohen.com](http://www.suzycohen.com).

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).* ✨

Beautifulife:

## Gladiator



by Kay Casperson

One of my husband’s absolute favorite shows of all time is *Gladiator*. I can’t tell you how many times he has watched that in the last 20 years, but there have been quite a few.

I remember watching it with him many times and always taking something new away from it.

I have studied the bible quite a bit in my lifetime. One of the more important messages of my bible teachings is about the Armor of God. When I would watch *Gladiator*, I always felt like it reminded me of this message. It made me realize how important it is to defend ourselves from everything that tries to defeat or overtake us every day.

We are living through some pretty extraordinary times right now, from worldwide disease to crises in our homeland and overseas. So, what is the

absolute best way to combat this?

I believe that we can address many of our fights from a spiritual perspective. You have to envision yourself putting this armor on every day. You need first to understand that the spiritual world exists, and we are constantly fighting some kind of enemy. Every moment I can, I pray and believe that all in my world will be OK and we will survive whatever comes our way. Following are the weapons that we can use daily.

**The Belt of Truth** – Diligently seek truth, and it will always set you free.

**The Breastplate of Righteousness** – Be morally right and honorable in all you do.

**The Shield of Faith** – Know that nothing is impossible with God and stand firm.

**The Helmet of Salvation** – Protect your mind from discouragement, disbelief or deceit.

**The Sword of the Spirit** – Use prayer, knowledge and confident words to fight your enemies.

Here is part of the actual scripture that explains all of this:

Ephesians 6:10 – *Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil’s schemes. For our struggle is not*

*against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world, and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your*

*feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God.*

Always be prepared and remember to put your armor on every day. Be confident in knowing that you are ready and able to care for and protect yourself and your

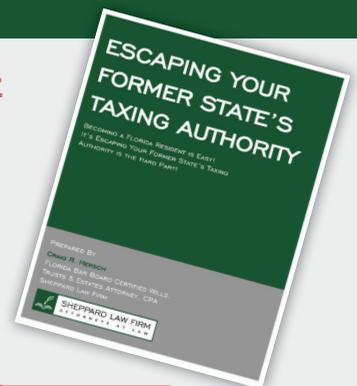
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## Health Benefits Of Music



by Ross Hauser, MD  
and Marion Hauser, MS, RD

The doctor and the dietitian are opposites in many things, including their musical tastes. Marion always loved classical, jazz and easy-listening music, where Dr. Hauser listened to rock, show tunes, Disney and a wide array of loud music. However, in the last few years, Dr. Hauser has come to realize the health benefits of Marion's type of music.

Studies have shown physical and mental health benefits of listening to your favorite tunes. Music can reduce pain due to the fact that the same neural pathways in the brain that process pain also process music. Concentrating on tunes and even humming uses up some "bandwidth" that pain would occupy. Marion experienced this because when she received prolotherapy injections and

other treatments after her bicycling crash, she listened to her favorite music in the treatment room, and she and the staff would sing during the treatments to help her through them.

Learning to play music can build new neural pathways that will help strengthen the brain as you age. Professional musicians are known to have more grey matter than non-musicians. Another reason is that it is a great idea to get your kids playing a musical instrument at a young age. It also gets them off their devices and stimulates their brains.

We read another study on the "neurochemistry of music" which revealed music improved immune function by increasing IgA antibodies that fight infections. The study also found that cortisol levels (stress hormone) were reduced, leading to lower incidence of headaches, high blood pressure and overall improved health. In our office, we measure HRV (heart rate variability) under various stressors and find that loud music worsens it, where quieter music improves HRV.

We love this fun fact called "The Mozart Effect." This is a somewhat controversial term from Rauscher et al. in 1993 that claimed listening to Mozart's music could make a person more intelligent. The effect has been attributed to short-term improvement in performing mental tasks that require spatial reasoning skills. Researchers said playing Mozart stimulates brain development, improves IQ and spurs creativity in children. Some believe it is beneficial to play Mozart

during pregnancy to improve babies' IQs! Music has been shown to reduce symptoms of anxiety and produce calm in anxiety-producing situations such as giving birth, preparing for a talk, or undergoing a medical procedure.

So, what is the healthiest music to listen to? It depends on what you want to accomplish. Listening to music while working can help stimulate the senses and start those creative juices flowing. Productivity experts say that pop songs and music with lyrics can be distracting because we may start focusing on the words of the songs. Other studies have shown that this type of music could also impede reading comprehension and processing skills. Conversely, others say that they crank up pop music loudly and it forces them to concentrate more on their work. We all know that if we hear one of our favorite songs, sometimes we are stimulated to just get up and dance. This is not necessarily a bad thing, right!? Some of us need to get up out of our chairs.

Studies show that instrumental music is optimal when trying to accomplish

cognitive work such as writing reports or doing taxes. Some say classical music can help people perform tasks more efficiently and improve concentration, where others say that instrumental movie scores get people into the productivity mood faster. Either way, experts state that we should choose music that is enjoyable but not too familiar to the point of distraction. One-size does not fit all. If classical is not your cup of tea, listening to ocean sounds, babbling brooks, or waterfalls have also been shown to reduce stress, improve concentration, make decisions and problem-solve.

Interestingly enough, you will now hear classical, jazz, worship, or calming music being played in the Hauser household. Imagine that? Here's to your health.

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.\**

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I have a highly sensitive and intuitive 10-year-old son. I would like some suggestions on the best way to support him.

**A:** It is possible that your son is an empath, a highly

sensitive individual who absorbs other people's energy. You will want to create as much of a peaceful environment as you can so he will feel a sense of calm and comfort. While I don't know how you nurtured your son as a small child, his sensitivities could have started in utero into his birth and early childhood years. That is my guess.

It is imperative that your child be raised in a healthy, calm household where arguing and yelling doesn't exist, as a toxic environment can wear down their defenses. Your son should engage in activities he likes, and I would encourage him to be involved in what makes him happy.

The following strategies can be helpful for you and your son:

Encourage his sensitivities and intuition – Your child's empath abilities are his gifts and strengths. He needs to know this versus feeling as though he is different and not accepted.

Respect his feelings – He will need time alone as this is important for his overall wellbeing. Be supportive as there may be times he will need a day to just revel in his own beingness.

Inform your child's teachers about his abilities so they understand that this is who he is.

Trust and follow your own intuition – Ask yourself what it is that your child may need and tune in, then talk with him

about it.

Assist him with recognizing that he absorbs others' emotions – Help him understand his sensitivities and how this may be more with him than his peers. If you notice a shift in his mood or energy level, it is possible he is picking up on another's emotions.

Teach your son some belly breathing and meditation techniques so he can feel grounded and centered – This will help him thrive rather than want to isolate.

When I work with clients, I do a relaxation exercise that consists of a body scan that relaxes the entire body, then I place a light around the outer body that acts as a shield of protection. Then he can feel the "light of protection" all around him, which will help him feel safe and secure.

We all can learn to embrace sensitive children and accept them for their remarkable gifts and strengths while encouraging them to be comfortable with who they truly are.

*Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.\**

From page 31

## Gladiator

loved ones against all things spiritual and physical that come against you.

My affirmation for you this week is:

"I am equipped with my full armor both physically and spiritually to defeat any weapon that forms against me."

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of BeautifulLife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.\**

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- Fire Department, Captiva ..... 472-9494
- Florida Marine Patrol..... 332-6966
- Florida Highway Patrol ..... 278-7100
- Poison Control..... 1-800-282-3171
- Chamber of Commerce..... 472-1080
- City Council ..... 472-4135
- City Building Department..... 472-4555
- City Manager ..... 472-3700
- City Planning & Code Enforcement Department ..... 472-4136
- City Public Works ..... 472-6397
- Library, Sanibel ..... 472-2483
- Library, Captiva ..... 239-533-4890
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- Post Office, Sanibel ..... 472-1573
- Post Office, Sanibel (toll free) ..... 800-275-8777
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- Center 4 Life, Senior Center..... 472-5743
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- Arcade Theater..... 332-4488
- Art League Of Fort Myers..... 275-3970
- BIG ARTS..... 395-0900
- Broadway Palm Dinner Theatre ..... 278-4422
- Fort Myers Symphonic Mastersingers ..... 288-2535
- Gulf Coast Symphony..... 277-1700
- Herb Strauss Schoolhouse Theater..... 472-6862
- Lee County Alliance for the Arts ..... 939-2787
- Naples Philharmonic..... 597-1111
- Sanibel Music Festival ..... 336-7999
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- Southwest Florida Symphony ..... 418-0996
- Symphonic Chorale of Southwest Florida ..... 560-5695
- CLUBS & ORGANIZATIONS**
- ABWA..... <http://abwasanibelcaptiva.org>
- American Legion Post 123..... 472-9979
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- Audubon Society..... 472-3744
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- Community Foundation of Sanibel-Captiva ..... 274-5900
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- CROW, Clinic For The Rehabilitation of Wildlife..... 472-3644
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- FISH OF SANCAP 24-hr service..... 472-0404
- Horticultural Society of the Islands..... 472-6940
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- Military Officers Assc. of America, Alex MacKenzie .. 395-9232
- Newcomers ..... 472-9332
- Notre Dame Club of Southwest Florida ..... 768-0417
- Optimist Club..... 472-0836
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- Sanibel-Captiva Republican Caucus..... 395-0819
- Sanibel-Captiva Shell Club..... 267-7291
- Sanibel Historical Museum & Village ..... 472-4648
- Sanibel Island Fishing Club..... 472-8994
- Sanibel Youth Soccer..... 395-2040
- SCCF Sanibel-Captiva Conservation Foundation..... 472-2329
- SCCF Sea Turtle Hotline..... 978-728-3663
- Shell Islands Garden Club ..... 246-8875
- United Way of Lee County - 24 hour helpline 211 . . . 433-2000
- Zonta Club ..... 728-1971

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# PUZZLES

Answers on page 38 and 39



"First, Miss Hubble, you must learn to \_\_\_\_\_."

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Departed  
**EXDIET**

Novelty  
**FILTER**

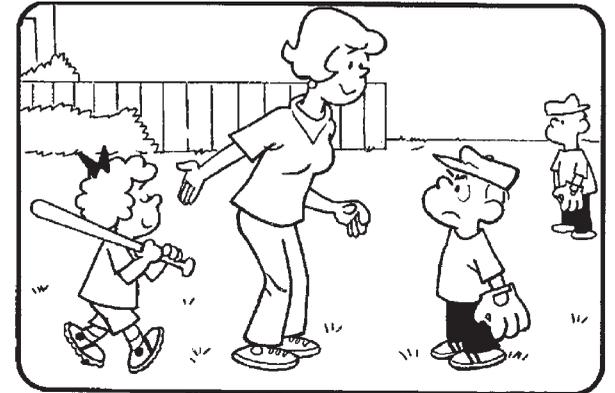
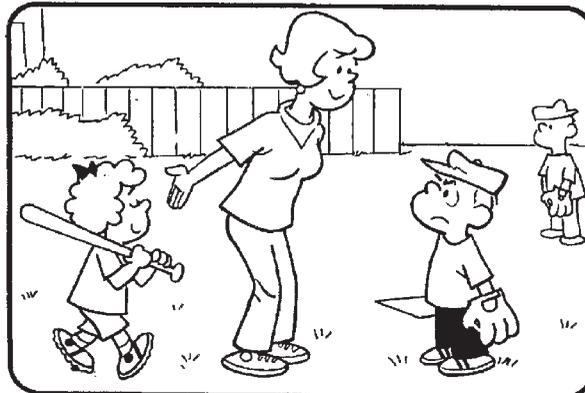
Paltry  
**AMERGE**

Gear  
**CHATTER**

### TODAY'S WORD

## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Bow is larger. 2. Hedge is missing. 3. Pants are different. 4. Base is missing. 5. Arm is showing. 6. Fence is shorter.

	1			9			4
		6		5			3
9			3			7	
		8			3		4
	3		6				8
2				4		1	
	7		5				2
		4		6			1
5				8	9		

## To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

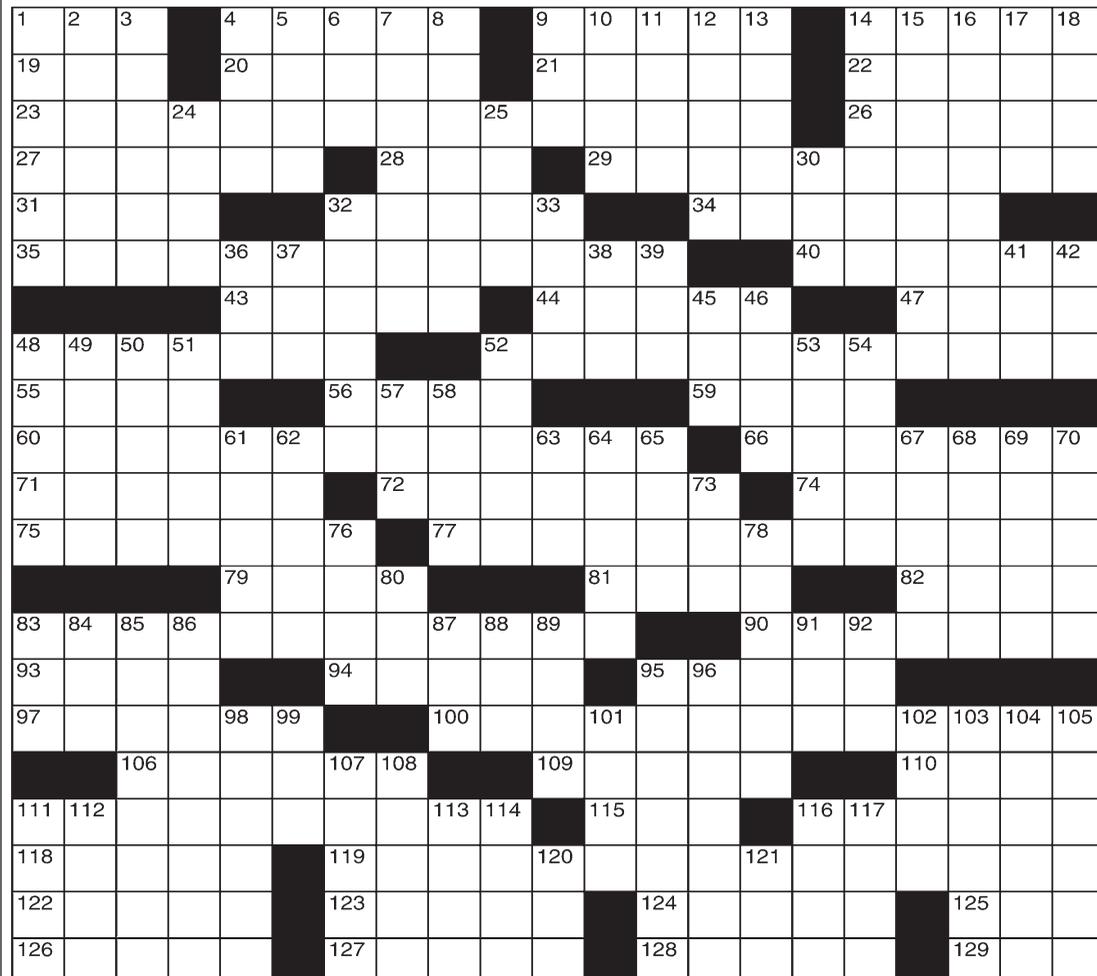
# PUZZLES

Answers on page 39

## Super Crossword

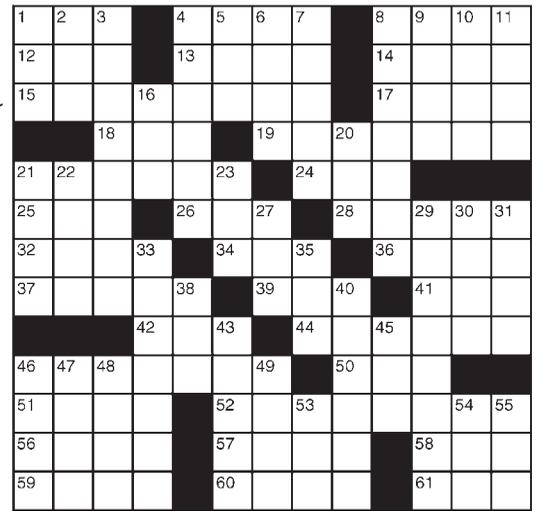
CONTRIBUTING EDITOR

- ACROSS**
- 1 Puck surface
  - 4 Transparent
  - 9 Nick of "Weeds"
  - 14 Urged (on)
  - 19 Source of bean curd
  - 20 Figure skater Sonja
  - 21 Luau "hello"
  - 22 Thousand: Prefix
  - 23 Soft leather sewn over fabric tears?
  - 26 Poker entry fee
  - 27 Elevate
  - 28 USMC rank
  - 29 Tabby that's a national government's mascot?
  - 31 Peace Nobel
  - 32 Sounded like a cow
  - 34 Antarctic penguin
  - 35 Enticingly beautiful mugs?
  - 40 Braininess
  - 43 How distant stars shine
  - 44 White-rayed flower
  - 47 Trevor of "The Daily Show"
  - 48 Port on the Gulf of Mexico
  - 52 Poet Doolittle who did all of her writing in her boudoir?
  - 55 Caspian Sea feeder
  - 56 "Don't leave!"
  - 59 Easily spread cheese
  - 60 Put decorations on your phone, then dial someone's number?
  - 71 Warrant
  - 72 Wearing a fancy crown
  - 74 Verdi opera
  - 75 Maker of Galaxy phones
  - 77 Crustacean that's most active just before sunup?
  - 79 "Exile" New Age artist
  - 81 Falco with four Emmys
  - 82 Notion, in Nantes
  - 83 Black hole sucking in everything around it?
  - 90 People lamenting
  - 93 \$\$\$ spitter-outers
  - 94 Like clipped sheep
  - 95 Consumers
  - 97 Tooted
  - 100 Smug know-it-alls shoplift?
  - 106 Having its petroleum imported, as a nation
  - 109 Cosmic path
  - 110 "My treat!"
  - 111 Subtract the cost of an adhesive roll?
  - 115 Bruin Bobby
  - 116 Red-eyed songbirds
  - 118 Actress Donovan of "Clueless"
  - 119 Shopping containers holding more sinful items?
  - 122 Salk of the Salk vaccine
  - 123 Modify
  - 124 Cliff nest
  - 125 Luau gift
  - 126 Viewpoint
  - 127 Insolent
  - 128 Norwegian money
  - 129 Reno-to-L.A. dir.
  - 41 Smidgen
  - 42 "— Na Na"
  - 45 Bawl
  - 46 Days of old
  - 48 Lipstick units
  - 49 Action venue
  - 50 Female title of respect
  - 51 Ancient Roman lower class
  - 52 Via automobile
  - 53 Director Forman
  - 54 Moor shrub
  - 57 It blasts
  - 58 Take — (swim or bathe)
  - 61 Given a hint
  - 62 Singer Loggins
  - 63 "Rules — rules"
  - 64 Worker filling a cargo hold, say
  - 65 Spearhead
  - 67 Great risk
  - 68 Begin to fail
  - 69 Bugs bugger Fudd
  - 70 Ninnies
  - 73 Imbiber's hwy. offense
  - 76 P.E. places
  - 78 Most recent
  - 80 "Makes sense now"
  - 83 Chitchat
  - 84 Map no.
  - 85 Editing
  - 86 Adoption of a cause
  - 87 With 4-Down, cooking reality series
  - 88 Uno tripled
  - 89 Prefix with spore
  - 91 Dadaist Jean
  - 92 Prefix with thermal
  - 95 Toni Braxton's "— My Heart"
  - 96 Swizzle stick
  - 98 Totally cover
  - 99 Speck
  - 101 Yank who wore #13
  - 102 Wine stopper
  - 103 Genuflects
  - 104 Overplays it
  - 105 Actress O'Shea
  - 107 "— the best of times ..."
  - 108 Boxer Ali
  - 111 — vu
  - 112 University in North Carolina
  - 113 Agts.' cuts
  - 114 Just makes, with "out"
  - 116 Narcissistic
  - 117 "Makes sense now"
  - 120 Suffix with cook or mock
  - 121 "My man!"



## King Crossword

- ACROSS**
- 1 Soviet space station
  - 4 Dance move
  - 8 Actress Fisher
  - 12 — out a living
  - 13 Abode
  - 14 Punch
  - 15 Shares with followers on social media
  - 17 Fury
  - 18 MSN rival
  - 19 Fuming
  - 21 Cop's badge
  - 24 Flamenco cheer
  - 25 Triumphed
  - 26 Half a dozen
  - 28 Travels by jet
  - 32 Throat clearer
  - 34 Jewel
  - 36 Early Peruvian
  - 37 Cleaning agent
  - 39 Fawn's mom
  - 41 Junior
  - 42 Carried out
  - 44 French cathedral city
  - 46 Tea urn
  - 50 Business mag
  - 51 Pressing thing?
  - 52 "The Handmaid's Tale" author
  - 56 King of the
  - 7 Green sauce
  - 8 Haifa native
  - 9 Bridge coup
  - 10 Olympic sled
  - 11 On in years
  - 16 Misery
  - 20 Sprite
  - 21 Clear the decks?
  - 22 Jolly laugh
  - 23 Use a shovel
  - 27 Deleted
  - 29 Behind closed doors
  - 30 Nobel Prize subj.
  - 31 Without
  - 33 "Material Girl" singer
  - 35 Extinct bird
  - 38 VII doubled
  - 40 Asylum seeker, perhaps
  - 43 Titled women
  - 45 — jiffy
  - 46 Sediment
  - 47 "Carmen" solo
  - 48 Disposition
  - 49 Sitarist Shankar
  - 53 Roulette bet
  - 54 Before
  - 55 Levy
- DOWN**
- 1 Sea, to Henri
  - 2 Mamie's man
  - 3 Lawyer's fee
  - 4 Beach souvenirs
  - 5 Water tester
  - 6 911 responders



## MAGIC MAZE ● "PEANUTS" CHARACTERS

N X V Y N K S Q N K I F D A X  
 V I T Q T A C A O M J H F C A  
 Y W L U R T E O D P N S L J H  
 F D U K B Z A J T E X C V T R  
 Q O C (S N O O P Y) S I H M K I  
 H F Y L L A S M M G D R D B Z  
 Y W V T R U R R A R G O F Q O  
 N L K O N E E F R I H E O F D  
 C A D I H R Z X C W V D P W U  
 S U L S U R Q P I G P E N O N  
 E M K N W O R B E I L R A H C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally  
 Unlisted clue hint: PEPPERMINT —

- Charlie Brown
- Linus
- Pig-Pen
- Shermy
- Eudora
- Lucy
- Rerun
- Snoopy
- Franklin
- Marcie
- Sally
- Woodstock
- Frieda
- Peggy Jean
- Schroeder

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 <b>FRIDAY</b> Cloudy High: 88 Low: 75	 <b>SATURDAY</b> Few Showers High: 87 Low: 76	 <b>SUNDAY</b> Few Showers High: 86 Low: 73	 <b>MONDAY</b> Mostly Cloudy High: 88 Low: 77	 <b>TUESDAY</b> Few Showers High: 87 Low: 74	 <b>WEDNESDAY</b> Sunny High: 91 Low: 80	 <b>THURSDAY</b> Sunny High: 90 Low: 78
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Redfish Pass Tides				
Day	High	Low	High	Low
Fri	4:25 am	10:47 am	5:22 pm	10:34 pm
Sat	4:53 am	11:47 am	6:33 pm	10:58 pm
Sun	5:26 am	12:57 pm	8:19 pm	11:19 pm
Mon	6:07 am	2:17 pm	None	None
Tue	7:03 am	3:37 pm	None	None
Wed	8:16 am	4:45 pm	None	None
Thu	9:37 am	5:39 pm	None	None

Point Ybel Tides				
Day	High	Low	High	Low
Fri	3:30 am	10:49 am	4:27 pm	10:36 pm
Sat	3:58 am	11:49 am	5:38 pm	11:00 pm
Sun	4:31 am	12:59 pm	7:24 pm	11:21 pm
Mon	5:12 am	2:19 pm	None	None
Tue	6:08 am	3:39 pm	None	None
Wed	7:21 am	4:47 pm	None	None
Thu	8:42 am	5:41 pm	None	None

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	5:07 am	11:24 am	5:40 pm	11:21 pm
Sat	5:28 am	12:00 pm	6:17 pm	11:34 pm
Sun	5:44 am	12:42 pm	6:56 pm	11:40 pm
Mon	5:58 am	1:36 pm	7:37 pm	11:48 pm
Tue	6:21 am	2:39 pm	8:23 pm	None
Wed	6:56 am	12:05 am	9:25 pm	3:43 pm
Thu	7:43 am	12:29 am	None	4:56 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	6:35 am	1:27 am	7:32 pm	2:03 pm
Sat	7:03 am	1:50 am	8:43 pm	3:03 pm
Sun	7:36 am	2:14 am	10:29 pm	4:13 pm
Mon	8:17 am	2:35 am	None	5:33 pm
Tue	9:13 am	6:53 pm	None	None
Wed	10:26 am	8:01 pm	None	None
Thu	11:47 am	8:55 pm	None	None

## My Stars ★★★★★ FOR WEEK OF AUGUST 21, 2021

**Aries** (March 21 to April 19) A more harmonious aspect favors all relationships. Family ties with mates and children are strengthened. Libra is Cupid's choice to win the amorous Aries' heart.

**Taurus** (April 20 to May 20) The bold Bull is ready to take on fresh challenges. Expect some opposition as you plow new ground – but supporters will outnumber detractors.

**Gemini** (May 21 to June 20) An

upcoming job change could mean uprooting your family to a far-distant location. Weigh all considerations carefully before making a decision one way or the other.

**Cancer** (June 21 to July 22) A long-standing problem is resolved by a mutually agreed upon compromise. You can now focus on getting the facts you'll need for a decision you'll soon be asked to make.

**Leo** (July 23 to August 22) The Big Cat needs to be wary of what appears to be a golden investment opportunity. That "sure thing" could turn out to be nothing more than a sack of Kitty Glitter.

**Virgo** (August 23 to September 22) You give of yourself generously to help others, but right now you must allow people to help you. Confide your problems to family and trusted friends.

**Libra** (September 23 to October 22) Relationships benefit from a strong harmonious aspect. Things go more smoothly at work. Someone you thought you'd never see again asks for a reconciliation.

**Scorpio** (October 23 to November 21) A minor distraction interferes with travel plans, but the delay is temporary. Meanwhile, expect to play peacemaker

once again for feuding family members. **Sagittarius** (November 22 to December 21) Keep that positive momentum going on the home front. Arrange your schedule to spend more time with your family. You'll soon have news about that job change.

**Capricorn** (December 22 to January 19) Control that possessive tendency that sometimes goads you into an unnecessary display of jealousy. You could be creating problems where none currently exist.

**Aquarius** (January 20 to February 18) A new project holds some challenges you  
continued on page 38

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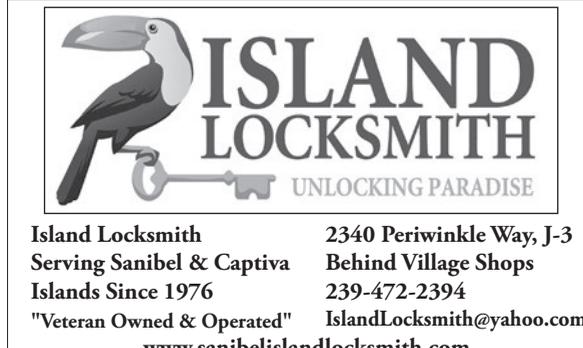
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 check on your system?

From page 36

## My Stars

hadn't expected. But don't be discouraged; you'll find you're more prepared to deal with them than you realized.

**Pisces** (February 19 to March 20)  
Yours is the sign of the celestial Chemist, so don't be surprised if you experience a pleasant "chemistry" betwixt yourself and that new Leo in your life.

**Born This Week:** You enjoy being fussed over, as befits your "royal" Leonine nature. You also have a strong loyalty to family and friends.

### MOMENTS IN TIME

- On September 2, 31 BC, at the Battle of Actium, Roman leader Octavian wins a decisive victory against the forces of Mark Antony and Cleopatra, queen of Egypt. Antony and Cleopatra broke through the enemy lines and fled to Egypt, where they would later commit suicide.

- On September 5, 1666, firefighters in London begin blowing up homes in a desperate attempt to halt the spread of a great fire in the city. By the time the fire was finally extinguished, more than 100,000 people had been left homeless.

- On September 3, 1935, a new land-speed record is set by Britain's Sir Malcolm Campbell on the Bonneville Salt Flats of Utah. Campbell and his 2,500-horsepower Bluebird motor car made two runs over a 1-mile course at speeds averaging over 301 mph.

- On August 31, 1959, Brooklyn Dodgers left-hander Sandy Koufax strikes out 18 batters, setting a new National League record for most strikeouts in a single game.

- On August 30, 1963, a "hot line" between Moscow and Washington goes into effect to speed communication between U.S. and the Soviet Union

and help prevent the possibility of an accidental war. Although never used, it did provide a useful prop for movies about nuclear disaster, such as *Fail Safe* and *Dr. Strangelove*.

### NOW HERE'S A TIP

- Rubbing alcohol can be used to remove ballpoint-pen ink from most upholstery.

- "Polish wall tiles in the bathroom using car wax. They will repel water really well. Just be sure that you cover the floor before you apply any wax. You do not want to polish your tub, as that is a safety hazard for sure!" – MW in Missouri

- If you have wood floors, you might already know about felt furniture pads – the little self-stick felt circles you put on furniture legs to reduce scratches on your floors. You might not know that these same pads can reduce scuff marks that appliances make on countertops. It also makes it easier to scoot around a heavy mixer or other appliances.

- "Check your mower to see if you're cutting your lawn to the optimum height. Generally, cutting grass to 2 1/2 inches will allow it to retain more moisture, requiring less watering, and help shade out weeds, too." – OF in Alabama

- Here's a workout tip: Rotate among a few pairs of running shoes to get the best life out of them. Rotating gives them a chance to dry out between wearings, and runners who practice this routine have a 39 percent lower chance of injury, according to a Luxembourg research firm.

- "If you're looking to save money, don't ignore the dollar store. You can find a lot of personal-care and home-care items there for, well, a dollar. I save quite a bit of money this way." – RL in Texas

### STRANGE BUT TRUE

- The opposite of paranoia is pronoia. A person suffering from pronoia feels

that people or entities around them are plotting to do them good!

- American flags left on the moon will eventually get bleached white by the sun.

- Only two animals have the ability to see behind themselves without turning around: the rabbit and the parrot. Their eyes are on the sides of their head, allowing them to swivel 360 degrees.

- Not that we ever gave any real thought to the matter, but "snow-bones" are the lines of snow or ice left at the sides of roads after the rest of the snow has melted.

- David Babcock broke a Guinness World Record for his time in the Kansas City marathon, at 5 hours, 48 minutes and 27 seconds. But not for running – he managed to complete the race while knitting a scarf that measured just over 12 feet long. As he said later, "Knitting the whole way really did help distract me from the hard parts of the marathon."

- At the planet Neptune's highest altitudes, winds blow at more than 1,100 mph.

- Mozart sold the most CDs in 2016, beating out Adele, Drake and Beyonce, even though those artists all had Grammy-winning hits that year.

- In the 16th century, Parliament passed a law declaring the use of makeup "to deceive an Englishman into marriage" punishable as witchcraft.

- A survey of 2,000 U.S. adults by the skincare brand StriVectin found 63 percent admitted to spending at least half their time on video calls staring at their own face, while 58 percent admitted to getting so distracted by their own appearance that they sometimes stopped listening.

### THOUGHT FOR THE DAY

"Of all the liars in the world, sometimes the worst are our own fears."

– Rudyard Kipling

### TRIVIA TEST

- U.S. States:** What is the state capital of Kansas?
- Anatomy:** Where is the pinna located in the human body?
- Geography:** What is the English name for the country called Sverige by its people?
- Psychology:** What fear is represented in the condition called heliophobia?
- Movies:** Which two films had the most Academy Award nominations without winning any of them?
- Television:** How many sons did Ben Cartwright have in *Bonanza*?
- Food & Drink:** What is the most popular topping on a pizza?
- Animal Kingdom:** How many quills does the average porcupine have?
- History:** Which principal countries made up the Axis powers in World War II?
- Literature:** What is the name of the wizard bank in the *Harry Potter* series?

### TRIVIA ANSWERS

1. Topka 2. It's the outer ear 3. Sweden 4. Fear of the sun 5. The Turning Point and *The Color Purple*, both with 11 nominations 6. Three: Adam, Hoss and Little Joe 7. Pepperoni 8. 30,000 9. Japan, Germany and Italy 10. Gringotts

### SCRAMBLERS ANSWER

1. Exited 2. Trifle;
3. Meager; 4. Ratchet

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1/4 \* TFN

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8/27 \* 9/17

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4/20 \* TFN

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12/11 \* TFN

### HELP WANTED

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8/13 \* TFN

### HELP WANTED

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REQUIREMENTS: Age 17 or older. Must be a current high school senior, high school graduate or have GED. 6-months experience as a youth counselor in recreation programming preferred but not required.  
Apply online at:  
[www.governmentjobs.com/careers/sanibel](http://www.governmentjobs.com/careers/sanibel)

8/6 \* 8/27

Shore Fishing:



#### Don't Harm The Fish

by Capt. Matt Mitchell

**L**anding a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida residents as well as out of state visitors need a fishing license to fish from shore.



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1/26 \* TFN

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REMAX OF THE ISLANDS

6/5 \* TFN

PETS OF THE WEEK



Barney ID# A877383 photos provided  
Chloe ID# A881505

Lee County Domestic Animal Services

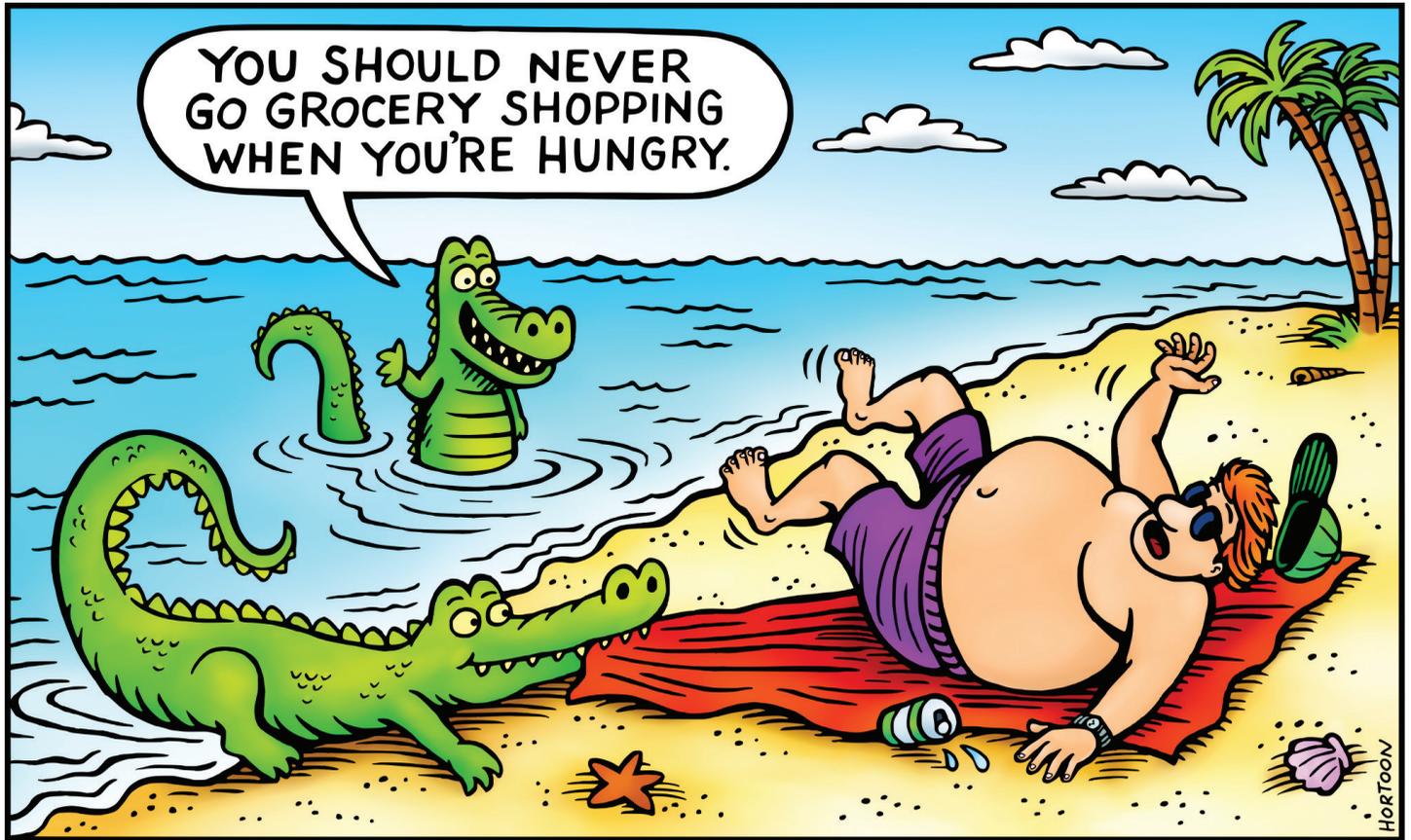
# Barney And Chloe

Barney is a 4-year-old male American bulldog mix, who is the gentlest of giants. His adoption fee is \$20.

Chloe is a female domestic shorthair, who is low maintenance but loves to play and snuggle. Her adoption fee is waived.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit [www.leelostpets.com](http://www.leelostpets.com) to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.\*

# HORTOONS



# PUZZLE ANSWERS

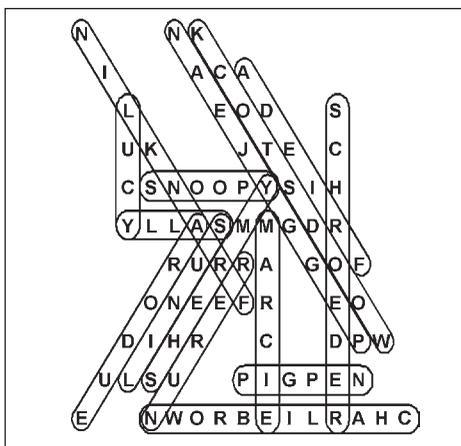
## SUPER CROSSWORD

ICE	CLEAR	NOLTE	EGGED
SOY	HENIE	ALOHA	MILLI
SUED	DEFORD	AMAGES	BUYIN
UPLIFT	CPL	FEDERAL	CAT
ELIE	MOOED	ADELIE	
SEDUCTI	ONCUPS	SMARTS	
	DIMLY	DAISY	NOAH
TAMPICO	BEDROOM	HILDA	
URAL	STAY	BRIE	
BEDECK	ANDCALL	ELAPSED	
ENABLE	TIARAED	OTELLO	
SAMSONG	PREDAWN	SHRIMP	
	ENYA	EDIE	IDEE
GREEDY	MATTER	WAILERS	
ATMS	SHORN	USERS	
BEEPED	PEDANT	SPOCKET	
	NONOIL	ORBIT	ONME
DEDUCT	TAPE	ORR	VIREOS
ELISA	WICKED	DERBASKETS	
JONAS	ALTER	AERIE	LEI
ANGLE	SASSY	KRONE	SSE

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MIR	STEP	ISLA
EKE	HOME	SLUG
RET	WEETS	RAGE
	AOL	STEAMED
SHIELD	OLE	
WON	SIX	FLIES
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3	1	5	2	7	9	8	6	4
7	8	6	1	5	4	2	3	9
9	4	2	3	8	6	7	5	1
1	5	8	9	2	3	6	4	7
4	3	9	6	1	7	5	2	8
2	6	7	8	4	5	1	9	3
6	7	3	5	9	1	4	8	2
8	9	4	7	6	2	3	1	5
5	2	1	4	3	8	9	7	6

# Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Sanibel Estates	Sanibel	2001	3,659	\$3,395,000	\$3,250,000	11
Esplanade Lake Club	Fort Myers	2022	3,892	\$2,666,600	\$2,666,600	0
Estero Park	Fort Myers Beach	1949	2,508	\$2,375,000	\$2,375,000	88
Caloosa Shores	Sanibel	1992	6,432	\$2,295,000	\$2,050,000	180
Del Sega	Sanibel	2002	3,845	\$1,789,000	\$1,700,000	332
Meta	Cape Coral	2021	2,383	\$1,400,000	\$1,400,000	49
Horse Creek	Fort Myers	2019	3,768	\$1,300,000	\$1,375,000	4
Sanibel River	Sanibel	2000	2,095	\$1,200,000	\$1,190,000	30
Cape Coral	Cape Coral	2002	2,565	\$1,299,900	\$1,155,000	38
Carolands	Bonita Springs	1957	3,015	\$1,133,000	\$1,140,000	0

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